

Case Report

Long-Term Survival under Arterial Chemoembolization and Sorafenib of a Patient with Hepatocellular Carcinoma and Tumor Atrial Thrombus: A Case Report and Literature Review

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Keywords

Hepatocellular carcinoma · Right atrium tumor thrombus · Sorafenib · Transarterial chemoembolization

Abstract

Hepatocellular carcinoma (HCC) is considered to be the fourth most frequent cause of cancer-associated death globally. HCC might be associated, especially in advanced stages, with the formation of tumor thrombus (TT), which can be located in the portal vein, as well as in hepatic and/or inferior vena cava (IVC) veins. Nevertheless, the extension of TT to the right atrium (RA) is infrequent with an unfavorable prognosis. We present a rare case of a male patient with HCC and IVC TT extending to the RA. The atrial thrombus was the first manifestation of HCC diagnosed by cardiac ultrasound. So far, the patient has undergone 4 courses of transarterial chemoembolization in combination with systemic therapy with sorafenib, and under this therapeutic approach long-term survival has been achieved.

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Introduction

Hepatocellular carcinoma (HCC) is the fourth leading cause of cancer-associated death globally. On a global basis, it accounts for approximately 800,000 deaths annually [1]. The formation of tumor thrombus (TT) in advanced HCC is common, and its presence usually involves the portal vein [2]. However, the presence of TT in the inferior vena cava (IVC) and its extension to the right atrium (RA) are rare, approximately 3.8 and 2%, respectively, and

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associated with a poor prognosis, with a median survival time of 2–5 months for untreated patients [3]. Herein, we describe a patient with HCC and TT in the IVC and RA as initial diagnosis with long-term survival under arterial chemoembolization (TACE) and systemic therapy.

Case Report

A 73-year-old male patient presented at the emergency unit with progressively worsening dyspnea during the last 15 days. The patient had been assessed by a cardiologist, and the presence of a solid mass thrombus in the RA had been revealed in the cardiac ultrasound. The patient was admitted to our department for further evaluation. His medical history included type II diabetes mellitus under a vildagliptin – a dipeptidyl peptidase 4 inhibitor – and metformin combination regimen and daily alcohol consumption (2 glasses of wine daily during the last 30 years). The patient's body weight and height were 85 kg and 180 cm, respectively (body mass index 26.2). The clinical examination revealed a mild tenderness upon palpation of the right upper quadrant of the abdomen. Liver function tests were within normal ranges: total bilirubin (0.57 mg/dL, upper limits of normal [ULN]: 1.2 mg/dL), direct bilirubin (0.29 mg/dL, ULN: 0.30 mg/dL), aspartate aminotransferase (18 U/L, ULN: 40 U/L), alanine aminotransferase (12 U/L, ULN: 41 U/L), alkaline phosphatase (76 U/L, ULN: 129 U/L), γ -glutamyltransferase (48 U/L, ULN: 61 U/L), total protein (7.6 g/dL, ULN: 7.9 g/dL), albumin (4.7 g/dL, ULN: 5.0 g/dL) and international normalized ratio (1.1) were within the normal range. Serological markers for hepatitis B and C virus and human immunodeficiency virus were negative, as well as antinuclear antibodies, anti-smooth muscle antibodies and antimitochondrial antibodies. The transthoracic echocardiogram confirmed the presence of a solid formation with dimensions of 5 × 3 cm in the RA. The shear wave elastography revealed mild liver fibrosis (Metavir score F2). The computer scan tomography (CT scan) of the chest and abdomen revealed the presence of a liver mass with radiological findings compatible with HCC, as well as the presence of a neoplastic thrombus in the IVC with extension to the RA, but without evidence of lung metastases or pulmonary embolism. The patient underwent a liver biopsy which was consistent with moderately differentiated HCC. Based on the Barcelona Clinic Liver Cancer (BCLC) staging system, our patient was BCLC stage C [3].

In our case, due to the patient's preference and after surgical consultation, surgery was not performed. However, the patient underwent 4 sessions of TACE (Fig. 1a–c), while low-molecular-weight heparin (enoxaparin sodium: 6,000 IU × 2/day) and sorafenib at a reduced dosage (400 mg/day) were given. With this regimen he is in a stable health condition, and during a 16-month follow-up with CT scan the dimensions of HCC and RA TT remain unchanged (Fig. 1). Except for a mild increase in total bilirubin (3.33 mg/dL), alkaline phosphatase (311 U/L) and γ -glutamyltransferase (225 U/L) after the first session of TACE, liver function parameters of the patient during TACE sessions and periodic screening tests remained within normal ranges during the aforementioned period.

Discussion

HCC with TT in the IVC or RA is a rare entity and may be related with a number of complications (heart failure, pulmonary embolism, lung metastases and death predominantly due to pulmonary embolism and occlusion of the tricuspid valve) and consequently with poor prognosis [2–5]. Budd-Chiari syndrome and symptoms of acute right heart failure and pulmonary embolism are some of the clinical manifestations of HCC with TT in the RA [2]. Our patient had dyspnea, but no findings compatible with pulmonary embolism or lung metastases were found. In fact, atrial thrombus was the first manifestation of HCC as it was found in cardiac ultrasound and confirmed in the CT scan. To our knowledge there are also 3 case reports of patients who presented with dyspnea as the first manifestation of HCC with RA TT. In these cases, the diagnosis of TT in the RA was based on CT/MRI or cardiac ultrasound, the patients underwent surgery or TACE, but their survival was very poor (up to 6 months) [6–8]. In our patient, the diagnosis of TT in the RA was made by cardiac ultrasound and established by CT, while under combination of TACE with sorafenib long-term survival was achieved.

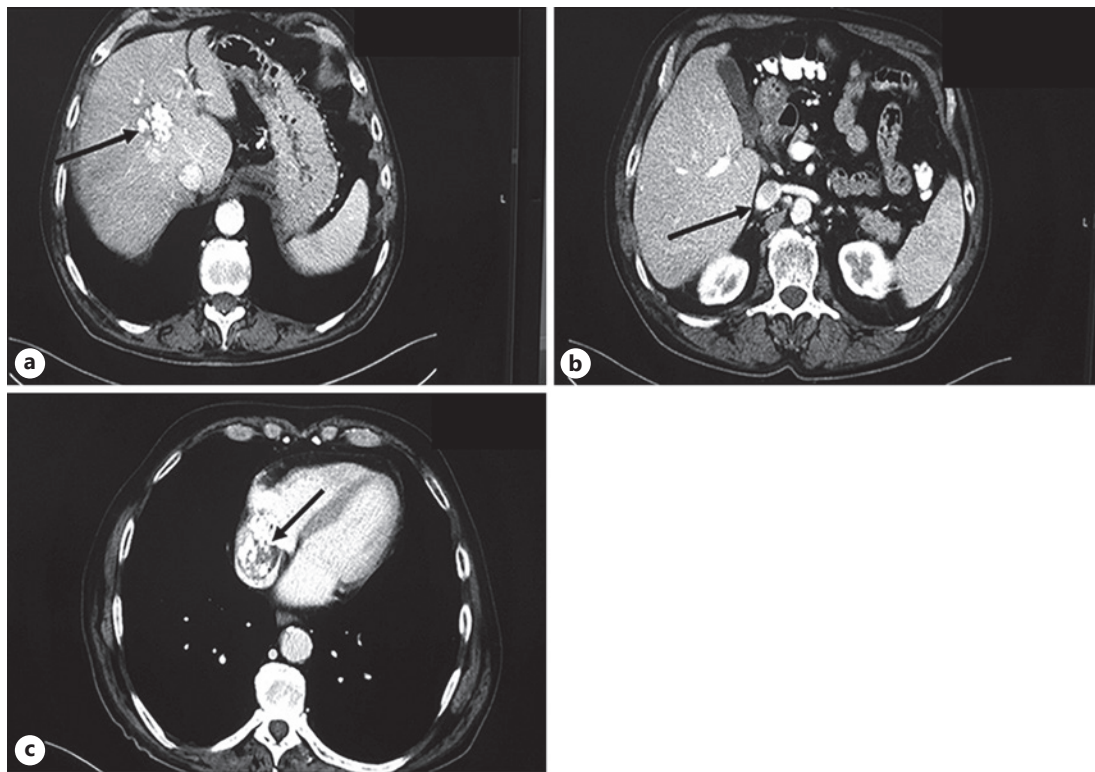


Fig. 1. Hepatocellular carcinoma and embolic particles after the last transarterial chemoembolization in the right hepatic lobe (**a**) and tumor thrombus in the inferior vena cava (**b**) and right atrium (**c**), respectively (black arrows).

According to its anatomic location, there are 3 types of TT: the inferior hepatic type, where the TT is in the IVC and below the diaphragm (type I), the superior hepatic type, where the TT is above the diaphragm but does not invade the RA (type II), and the intracardiac type with the extension of TT in the RA (type III) [2, 3, 5]. Our patient had type III TT. Based on the BCLC staging system, patients with type III TT are classified as BCLC stage C due to the extra-hepatic spread of the HCC. Officially these patients are eligible only for systemic therapy, such as sorafenib [2, 9], but in the literature (Table 1), hepatectomy and thrombectomy under cardiopulmonary bypass have been suggested as treatment modality linked with better prognosis (survival range: 3–30.8 months), compared to nonsurgical therapy [2, 3] (Table 1). However, the procedure is challenging, demands a multidisciplinary team and a high operative risk also exists [3, 4]. Hence, this treatment approach is implemented in patients with a general good health condition and in those with symptoms of congestive heart failure. However, the majority of patients with HCC have poor performance status and they are often not considered as surgical candidates [10]. Therefore, other treatment options including TACE, percutaneous microwave ablation, radiation therapy and systemic therapy with multi-kinase inhibitors, such as sorafenib, or immune checkpoint inhibitors, such as nivolumab, have also been used for these patients (Table 1).

Based on the literature data (Table 1), the survival time for patients treated with sorafenib ranged from 2 to 17 months [10–13]. For patients treated with TACE the median survival time was 4.5 months, while for those who received no treatment it was 2–5 months [3, 14]. In the literature we found no study with a combination of TACE and systemic therapy for HCC with the presence of TT in the RA.

Table 1. Overview of case studies on the treatment and survival of patients with hepatocellular carcinoma and tumor atrial thrombus [2, 4, 7, 10, 13–35]

Study	Study type	Cases	Therapeutic approach	Outcome, survival in months
Zhan et al. [10]	Case series	3	1st patient: sorafenib 2nd patient: chemotherapy and then sorafenib 3rd patient: nivolumab	1st patient: 17 2nd patient: 9 3rd patient: 10/alive
Wang et al. [14]	Retrospective cohort study	56	(a) Resection of tumor and thrombus (25 patients) (b) TACE (20 patients) (c) Symptomatic treatment (11 patients)	Median: (a) 19 (b) 4.5 (c) 5
Wakayama et al. [15]	Case series	6	Resection of tumor and thrombus under CPB	Mean: 13.9
Sengodan et al. [13]	Case report	1	Sorafenib	2
Pesi et al. [16]	Case series	3	Resection of tumor and thrombus under CPB	Median: 3
Duan et al. [17]	Retrospective case series	11	TACE and EBRT (2 patients also received systemic chemotherapy and 5 patients sorafenib)	Median: 21
Li et al. [18]	Case report	1	Resection of tumor and thrombus under THVE without CPB	6
Luo et al. [19]	Case report	1	Thrombectomy under CPB, then TACE and MWA	6
Ohta et al. [4]	Case report	1	Resection of tumor and thrombus under CPB	10/alive
Li et al. [20]	Case report	1	TACE and MWA	16/alive
Lubezky et al. [21]	Case report	1	Resection of tumor and thrombus under venovenous bypass	13
Sabzi et al. [22]	Case report	1	Thrombectomy, then resection of tumor and adjuvant chemotherapy	Not mentioned
Chen et al. [23]	Case report	1	No treatment modality	1.4
Ariizumi et al. [24]	Case report	1	Resection of tumor and thrombus under CPB	14/alive
Zhu et al. [25]	Retrospective case series study	18	TACE	Mean: 15.2
Ninomiya et al. [26]	Case report	1	Resection of thrombus	6/alive
Otsuru et al. [27]	Case report	1	Resection of tumor and thrombus, then hepatic arterial infusion chemotherapy and sorafenib	Not mentioned
Takechi et al. [28]	Case report	1	TACE	25/alive
Vishnevsky et al. [29]	Case report	1	Resection of tumor and thrombus	Not mentioned
Chandra et al. [30]	Case report	1	Sorafenib	Not mentioned
Vicente et al. [31]	Case report	1	Resection of tumor and thrombus under THVE without CPB	24/alive
Hyuga et al. [32]	Case report	1	Resection of tumor and thrombus, FAIT and sorafenib	35/alive
Kawakami et al. [33]	Case report	1	Anticoagulation therapy	5
Numan et al. [2]	Case report	1	Sorafenib	2
Sempokuya and Bolger [34]	Case report	1	No treatment modality	Not mentioned
Lou et al. [35]	Retrospective case series study	18	Hypofractionated radiotherapy	Median: 11.6
Hayashida et al. [7]	Case report	1	Resection of thrombus under CPB and TACE postoperatively	6

In the section of survival, the term “alive” refers to those patients who were alive since the publication time of the original article. TACE, transarterial chemoembolization; CPB, cardiopulmonary bypass; EBRT, external beam radiation therapy; THVE, total hepatic vascular exclusion; MWA, microwave ablation; FAIT, fluorouracil arterial infusion and interferon therapy.

In conclusion, long-term survival in patients with HCC and RA TT has been mainly managed either by resection of tumor and TT alone [14, 15, 21, 24, 29] or, when surgery was not feasible, with other therapeutic approaches (sorafenib, TACE, systemic chemotherapy, ablation) [10, 25, 28]. However, long-term survival is also possible when nonsurgical therapeutic options are combined, as in our patient. In fact, our patient was the first with long-term survival and good quality of life without complications or adverse events under TACE plus sorafenib combination. Studies on adjuvant and neoadjuvant therapies are currently in progress, and their results could modify the therapeutic strategies for recurrent and metastatic HCC and finally improve patient survival and prognosis [3, 11, 33, 36].

Statement of Ethics

The study complies with the World Medical Association Declaration of Helsinki. The patient has given written informed consent to publish the case (including publication of images).

Disclosure Statement

The authors have no conflicts of interest to declare.

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Author Contributions

A.M. and E.C.: conception and design. All the authors: analysis and interpretation of the data. E.C.: drafting of the article. E.C.: critical revision of the article for important intellectual content. All the authors: final approval of the paper.

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