

Current status and challenges of Japan's mushroom industry

Akiyoshi Yamada*

Institute for Mountain Science, Shinshu University, 8304 Minami-minowa, Nagano 399-4598, Japan

* Correspondence: akiyosh@shinshu-u.ac.jp (Yamada A)

Abstract

As we approach the mid-21st century, mushroom science and industry have become global challenges. In particular, the cultivation of edible mushrooms continues to expand beyond traditional culinary uses into the fields of alternative meat and health supplements. To deeply understand these trends, a thorough grasp of the historical development of mushroom cultivation techniques and the underlying foundational technologies and research methodologies is essential. In Japan, which modernized in the early 20th century, mushroom cultivation techniques were established earlier, significantly supporting the economic development of mountainous rural areas. Furthermore, since the latter half of the 20th century, advanced cultivation techniques have developed and been introduced worldwide, becoming the *de facto* global standard in many aspects. On the other hand, for mycorrhizal mushrooms like matsutake, truffles, porcini, and chanterelles, which are difficult to cultivate intensively, production primarily occurs in natural forests or artificial plantations. Consequently, in economically developed nations, their overall economic value cannot be said to be high. Japan's matsutake mushroom can be considered a symbol of Asia among wild mushrooms. This is largely due to its long history as an important ingredient in Japan, dating back about 1,300 years. However, domestic harvests peaked in 1941 and have continued to decline since then. Efforts to conserve resources and regenerate production areas are ongoing, but initiatives with a long-term perspective would be beneficial.

Keywords: Ectomycorrhizal, Enokitake, Hon-shimeji, Saprotrophic, Shiitake

Introduction

While humans have consumed mushrooms since ancient times^[1], scientific research into mushrooms—particularly cultivation and breeding—is relatively recent^[2]. In the Japanese archipelago, covered by vast forests, earthenware featuring mushroom motifs was produced over 4,000 years ago, in an era before writing was used^[3]. While precise information on mushroom consumption during that era remains unclear, the ancient Japanese poetry anthology *Man'yōshū* contains a poem praising the mushroom hunting of matsutake (*Tricholoma matsutake* [S. Ito & S. Imai] Singer), believed to date from around 700 AD^[4]. Furthermore, texts on medicinal substances and foodstuffs written during the Edo period, before the introduction of natural sciences, already documented approximately 300 species of mushrooms, describing their ecology and edible uses^[5,6]. Building on this deep insight into wild organisms, hundreds of mushroom species were documented under the natural sciences introduced during the Meiji era, with many entries including descriptions of their edibility and toxicity^[7,8]. Even in the 20th century, the consumption of wild mushrooms remained widespread in Japan's mountain villages, which were still far from developed. Records collected during this era indicate that around 300 species of mycorrhizal fungi alone were known for food use^[9]. Adding saprophytic fungi, such as wood-rotting fungi, suggests that around 500 species of mushrooms was utilized for food. This species count represents one of the highest levels globally, likely surpassing even the levels seen today in Yunnan Province, China, and its surrounding areas, which are considered the most active regions for such utilization^[10]. However, the number of wild mushrooms actually consumed in Japan today is thought to be around 200 species at most. Even so, this vast number of species were utilized for food in

their respective regions, and it is from this pool that many cultivated mushrooms were selected.

In Japan, technical development has been conducted on over 50 mushroom species for commercial cultivation. Of these, 32 species are eligible for variety registration within Japan (Table 1; www.zenkinkyo.jp/reg/index.html). Today, the most produced cultivated mushroom in Japan is enokitake (*Flammulina velutipes* [Curt.: Fr.] Sing.), followed by buna-shimeji (*Hypsizygus marmoratus* [Peck.] Bigelow) and shiitake (*Lentinula edodes* [Berk.] Pegler) (Table 2; Fig. 1). Within Japan, statistical data on cultivated mushrooms have been recorded as government statistics since the mid-20th century. When a new cultivated species enters commercial production, it is collected as statistical data by item. The total annual production of cultivated mushrooms in Japan is approximately 450,000 tons, with a production value of about 200–250 billion yen (Figs 2 and 3). While some international statistics indicate this production volume is only about one-ninetieth that of China, based on the FAO data in 2021^[11], the world's largest producer, some view the gap between the two, considering other logistics and trade data, as closer to one-fiftieth. Regardless, the overwhelming quantitative difference between these two countries is undeniable; nevertheless, Japan's production volume ranks second globally. Particularly, the sight of numerous varieties of packaged, fresh cultivated mushrooms abundantly sold in supermarkets is unique to Japan worldwide. This fact starkly demonstrates the existence of an advanced production system for cultivated mushrooms, built upon market importance and supply. Such technological capability and efficiency can be said to place Japan at the global forefront. One key point examined in this review is the historical background upon which this high technological capability is founded.

Dates Received 16 February 2026; Revised 11 April 2026; Accepted 13 April 2026; Published online 29 April 2026

Citation: Yamada A. 2026. Current status and challenges of Japan's mushroom industry. *Panfungi* 1: e006 <https://doi.org/10.48130/panfungi-0025-0006>

Table 1. List of mushroom species eligible for variety registration under the Plant Variety Protection and Seed Act in Japan.

Japanese common name	Latin name*	Year of registration
Arage-kikurage	<i>Auricularia polytricha</i> (Montagne) Sacc.	1983
Kikurage	<i>Auricularia auricula-judae</i> (Bull.) Quél.	1983
Enokitake	<i>Flammulina velutipes</i> (Curtis) Singer	1983
Shiitake	<i>Lentinula edodes</i> (Berk.) Pegler	1983
Hiratake	<i>Pleurotus ostreatus</i> (Jacquin) P. Kumm.	2004
Ushiratake	<i>Pleurotus pulmonarius</i> (Fr.) Quél.	2004
Eryngi	<i>Pleurotus eryngii</i> (DC.) Quél.	2004
Oohiratake	<i>Pleurotus cystidiosus</i> O.K. Mill.	2004
Kuro-awabitate	<i>Pleurotus abalonus</i> Y.H. Han, K.M. Chen & S. Cheng	1983
Tamogitake	<i>Pleurotus citrinopileatus</i> Singer	1991
Shiro-tamogitake	<i>Hypsizygus ulmarius</i> (Bull.) Redhead	2004
Buna-shimeji	<i>Hypsizygus marmoreus</i> (Peck.) Bigelow	2004
Hatake-shimeji	<i>Lyophyllum decastes</i> (Fr.) Singer	2004
Hon-shimeji	<i>Lyophyllum shimeji</i> (Kawam.) Hongo	2004
Niou-shimeji	<i>Macrocybe gigantea</i> (Masse) Pegler & Lodge	2004
Murasaki-shimeji	<i>Lepista nuda</i> (Bull.: Fr.) Cooke	2004
Komurasaki-shimeji	<i>Lepista sordida</i> (Schumacher: Fr.) Singer	1991
Mukitake	<i>Sarcomyxa edulis</i> (Y.C. Dai, Niemelä & G.F. Qin) T. Saito, Tonouchi & T. Harada	1983
Tsukuritake	<i>Agaricus bisporus</i> (J.E. Lange) Imbach	2004
Hime-matsutake	<i>Agaricus subrufescens</i> Peck	1991
Yanagi-matsutake	<i>Agrocybe cylindracea</i> (Fr.) Gill.	1983
Nameko	<i>Pholiota microspora</i> (Berk.) Sacc.	2004
Numeri-sugitake	<i>Pholiota aurivella</i> (Batsch) P. Kumm.	1991
Kuritake	<i>Hypholoma lateritium</i> (Schaeff.) P. Kumm.	2004
Tama-choreitake	<i>Polyporus tuberaster</i> (Jacquin ex Persoon) Fries	1983
Maitake	<i>Grifola frondosa</i> (Dicks.) Gray	2004
Tonbi-maitake	<i>Meripilus giganteus</i> (Pers.) Karst.	2004
Hanabiratake	<i>Sparassis crispa</i> (Wulfen) Fr., Maas Geesteranus	2004
Buna-haritake	<i>Mycoleptodonoides aitchisonii</i> (Berkeley)	2004
Yamabushitake	<i>Hericium erinaceum</i> (Bull.) Persoon	2004
Mannentake	<i>Ganoderma lucidum</i> (Leyss. ex Fr.) Karst	2004
Kinugasatake	<i>Phallus indusiatus</i> Ventenat	2004

*Although several species have arguments in the Latin name, this list follows the government report.

Until the early 20th century, Japan was by no means an economic powerhouse; it remained merely a small Asian nation dependent on primary production. Within this context, Japanese agriculture and forestry were vital domestic industries, and the consumption of wild mushrooms held an importance incomparable to today. During

Table 2. Annual production of primary cultivated mushrooms in Japan in 2022.

Species (Japanese common name)	Production (metric tons)	Production share (%) by the local provinces in the domestic market					
		1		2		3	
		Market share (%)	Province	Market share (%)	Province	Market share (%)	Province
<i>Flammulina velutipes</i> * (Enokitake)	126,000	59.1	Nagano	15.2	Niigata	4.4	Fukuoka
<i>Hypsizygus marmoreus</i> (Buna-shimeji)	123,000	42.0	Nagano	17.5	Niigata	12.3	Fukuoka
<i>Lentinula edodes</i> (Shiitake; fresh)	69,000	10.9	Tokushima	8.8	Iwate	7.1	Hokkaido
<i>Lentinula edodes</i> (Shiitake; dried)	2,000	37.8	Ooita	17.7	Miyazaki	10.2	Kumamoto
<i>Grifola frondosa</i> (Maitake)	57,000	64.0	Niigata	9.6	Shizuoka	6.7	Fukuoka
<i>Pleurotus eryngii</i> (Eringi)	38,000	42.3	Nagano	31.5	Niigata	4.7	Fukuoka
<i>Pholiota microspora</i> (Nameko)	24,000	22.9	Nagano	20.9	Niigata	18.1	Yamagata
Sum of the above six species	460,000	33.5	Nagano	21.3	Niigata	6.2	Fukuoka

* Although *Flammulina filiformis* is recently used for the taxonomy, the government report has used *F. velutipes*. Data source: The database of the Ministry of Agriculture, Fisheries, and Forestry (www.maff.go.jp/j/tokei/kouhyou/tokuyo_rinsan/index.html).

this era, mushroom cultivation was barely practiced through log cultivation, and mushroom production was essentially a privilege granted to mountain villages, characterized by their proximity to forests^[12]. Within this context, residents of mountain villages, including forestry workers, collectively gathered a wide variety of mushrooms such as *T. matsutake*, *Lyophyllum shimeji* (Kawam.) Hongo, *Suillus bovinus* (L.) Roussel, *Pholiota microspora* (Berk.) Sacc., *Hypholoma lateritium* (Schaeff.) P. Kumm., and *Armillaria mellea* s. l. mushrooms to support their livelihoods (Fig. 4; Table 3). Of these, the yield of mycorrhizal mushrooms showed a definite correlation with the number of people involved in harvesting them, as well as with the amount of firewood and fallen branches collected as essential fuel for mountain village life, or fallen leaves plowed into fields as fertilizer^[13]. In other words, the removal of a certain amount of fallen branches and leaves accumulating on the forest floor, and environments where these were scarce, had a positive effect on the yield of mycorrhizal mushrooms. This causal relationship gradually became apparent amid the gradual decline in mushroom harvests in mountain forests since the mid-20th century^[14]. Under Japan's current economic conditions and climate change, a major challenge now looms: how to maintain and even restore the harvests of mycorrhizal mushrooms, particularly the significantly reduced *T. matsutake*. We will examine these points by presenting specific case studies.

This review summarizes Japan's mushroom production and the mushroom industry centered around it, categorizing them into cultivated mushrooms primarily involving wood-decay fungi and mycorrhizal mushrooms that form symbiosis with trees and are difficult to cultivate. As a conclusion to this discussion, we briefly address Japan's mushroom industry and the mushroom science that underpins it.

Cultivation of saprotrophic mushrooms

Most mushrooms cultivated today are ecologically classified as saprotrophs (saprotrophic fungi). These fungal species enzymatically break down cellulose, a primary component of plant cell walls, producing low-molecular-weight sugars such as glucose. They absorb and utilize these sugars as a carbon source^[15]. This mechanism is applied in log cultivation and substrate cultivation of mushrooms. In nature, these fungi utilize carbon sources such as wood, fallen leaves, and dead grass. Furthermore, saprotrophs are often capable of being cultured alone on nutrient media, making spawn production relatively straightforward. Moreover, once fruiting body

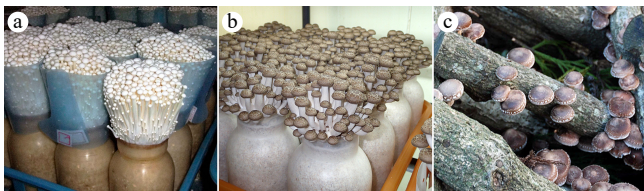


Fig. 1 Cultivated mushrooms of (a) *Flammulina velutipes* photographed by Hiroyuki Shimizu, (b) *Hypsizygus marmoreus* photographed by H. Shimizu, and (c) *Lentinula edodes* photographed by Hisayasu Kobayashi.

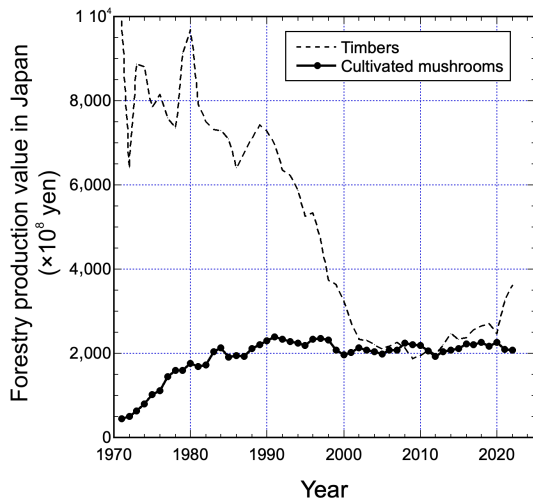


Fig. 2 The production of timbers and cultivated mushrooms in Japan in the past half-century. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html).

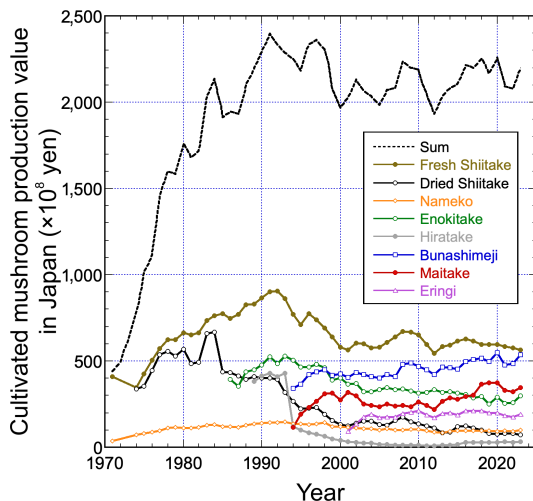


Fig. 3 Cultivated mushrooms production value in Japan in the past half a century. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html).

development is successful, spore isolation can be performed promptly. Breeding operations can then proceed by confirming mating systems through inbreeding and creating new genetic combinations via outcrossing to develop cultured strains^[16]. Various cultivated varieties of mushrooms, such as *Flammulina velutipes*, *Lentinula edodes*, and *Pleurotus ostreatus*, have been developed through breeding operations spanning multiple generations (Fig. 5). Furthermore, from the perspective of elucidating the biological background of such breeding operations, model systems like *Coprinopsis cinerea* have also been used, and research to expand the

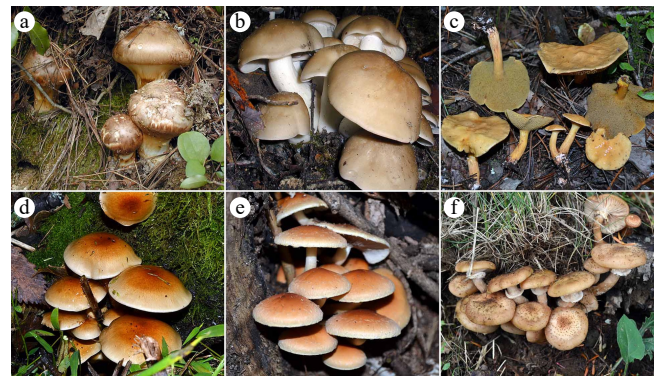


Fig. 4 Popular wild mushrooms in Japan since the old era. (a) *Tricholoma matsutake* (Oct 2007; Toyooka, Nagano). (b) *Lyophyllum shimeji* (Oct 2008; Nakagawa, Nagano). (c) *Amanita muscaria* (Amitake) (Sep 2018; Saku, Nagano). (d) *Suillus bovinus* (Oct 2011; Takayama, Gifu). (e) *Hypholoma lateritium* (Oct 2018; Okaya, Nagano). (f) *Armillaria mellea* (Sep 2012; Saku, Nagano).

Table 3. List of mushroom species commonly used as foods, medicines, or model organisms in Japan (excluding species list in Table 1).

Japanese common name	Latin name
(Saprotrophic species)	
Naratake	<i>Armillaria mellea</i> s. l.
Ushiguso-hitoyotake	<i>Coprinopsis cinerea</i> (Schaeff.) Redhead, Vilgalys & Moncalvo
Chorei-maitake	<i>Polyporus umbellatus</i> (Pers.) Fr.
Chaname-tsumutake	<i>Pholiota lubrica</i> (Pers.) Singer
Saketsubutake	<i>Stropharia rugosoannulata</i> Farl. ex Murrill
Bukuryou	<i>Wolfiporia extensa</i> (Peck) Ginns.
(Ectomycorrhizal species)	
Kurokawa	<i>Boletopsis leucomelaena</i> (Pers.) Fayod
Yamadoritake	<i>Boletus edulis</i> Bull.
Yamadoritake-modoki	<i>Boletus reticulatus</i> Schaeff.
Momitake	<i>Catathelasma ventricosum</i> (Peck) Sing.
Shougenji	<i>Cortinarius caperatus</i> (Pers.) Fr.
Kuri-fuusentak	<i>Cortinarius claricolor</i> var. <i>tenuipes</i> Hongo
Abura-shimeji	<i>Cortinarius elatior</i> Fr.
Mureoo-fuusentak	<i>Cortinarius praestans</i> (Cordier) Gillet
Numeri-sasatake	<i>Cortinarius pseudosalor</i> J.E. Lange
Urabenihotei-shimeji	<i>Entoloma sarcopum</i> Nagasawa & Hongo
Sakura-shimeji	<i>Hygrophorus russula</i> (Schaeff. ex Fr.) Kauffman
Aka-hatsutake	<i>Lactarius akahatsu</i> Nobuj. Tanaka
Hatsutake	<i>Lactarius hatsudake</i> Nobuj. Tanaka
Aka-momitake	<i>Lactarius laeticolor</i> (S. Imai) Imazeki ex Hongo
Chichitake	<i>Lactifluus volemus</i> (Fr.) Kuntze
Shaka-shimeji	<i>Lyophyllum fumosum</i> (Pers.) P.D. Orton
Matsuba-haritake	<i>Phellodon fuligineoalbus</i> (J.C. Schmidt) R.E. Baird, in Baird, Wallace, Baker & Scruggs
Houkitake	<i>Ramaria botrytis</i> (Persoon) Ricken
Shouro	<i>Rhizopogon roseolus</i> (Corda) Th. Fr.
Amitake	<i>Suillus bovinus</i> (L.) Roussel
Hanaiguchi	<i>Suillus grevillei</i> (Klotzsch) Singer
Kogane-hanaiguchi	<i>Suillus orientalis</i> Y. Miyam., Tamai & A. Yamada
Shironumeri-iguchi	<i>Suillus viscidus</i> (L.) Roussel
Koutake	<i>Sarcodon aspratus</i> (Berk.) S. Ito
Shimokoshi	<i>Tricholoma auratum</i> Gillet
Ki-shimeji	<i>Tricholoma flavoviens</i> (Pers.: Fr.) S. Lundell
Shiro-shimeji	<i>Tricholoma japonicum</i> Kawam.
Matsutake	<i>Tricholoma matsutake</i> (S. Ito & S. Imai) Singer
Shimofuri-shimeji	<i>Tricholoma portentosum</i> (Fr.) Quéf.
Ajiakuro-seiyoushouro	<i>Tuber himalayense</i> B.C. Zhang & Minter
Hon-seiyoushouro	<i>Tuber japonicum</i> Hir. Sasaki, A. Kinosh. & Nara



Fig. 5 Commercially important cultivated mushrooms in Japan. (a) *Flammulina velutipes* (Feb 2016; Okaya, Nagano; wild). (b) *Lentinula edodes* (Nov 2019; Koumi, Nagano; wild). (c) *Pleurotus pulmonarius* (July 2021; Saku, Nagano; wild). In Japan, *P. pulmonarius* and *P. ostreatus* are both common in the field and have been used in both wild and cultivated mushrooms.

molecular basis of cellular manipulation has been actively conducted since the latter half of the 20th century^[17]. Today, building upon classical genetics of mushrooms based on cellular manipulation, large-scale decoding of genomic information has become routine^[18]. This enables new breeding techniques that utilize necessary functional information at the required location and timing. The development of cultivation techniques for these saprophytic mushrooms is advancing visibly day by day, significantly contributing to our dietary habits.

In Japan today, the average person consumes about 10 g of fresh mushrooms per day (≈ 3.5 kg per year; Fig. 6), representing what is likely the world's largest mushroom-consuming culture. While this paper does not address the relationship between such consumption and health^[19,20], it is an important aspect to consider when contemplating mushroom cultivation in this century.

Origins and history of mushroom cultivation systems in Japan

The origins of mushroom cultivation in Japan are believed to stem from the primitive (but distinct) cultivation of *Lentinula edodes* that began in ancient times. During the middle of the Edo period (18th century AD), a technique was systematized on the Izu Peninsula: making cuts with a hatchet into the trunks of felled oak trees and then spreading *L. edodes* spores into these cuts. This technique, along with technical manuals, spread widely throughout the country^[12]. With the introduction of microbiological knowledge during the Meiji era (1868–1912), Nagane Tanaka introduced the use of living mycelium and spores as inocula for log cultivation of shiitake around the 1880s^[21,22]. This involved pulverizing logs colonized by *L. edodes* mycelium and inoculating the resulting powder onto logs. Methods for adding spores to this process were also proposed. However, these techniques were rudimentary compared to modern cultivation methods. The advent of true cultivation technology required the development of pure culture techniques for mycelium. Around the 1920s, Hikosaburo Morimoto developed 'sawdust culture spawn' using pure-cultured spawn for various mushrooms^[23], and such efforts gradually spread. In 1942, Kisaku Mori invented *L. edodes* 'tanegoma' (block-shaped spawn), which became widespread nationwide^[24]. Particularly after World War II, shiitake cultivation using these 'tanegoma' on logs spread nationwide, and dried *L. edodes* fruiting bodies became an important cash crop for mountain villages. However, this success also began to show signs of change amid shifting social structures, and *L. edodes* cultivation in mountain villages gradually declined over the final quarter-century of the 20th century (Fig. 7).

Separate from this trend, an approach utilizing the 'sawdust culture spawn' developed by H. Morimoto—cultivating *Flammulina velutipes* in glass bottles filled with sawdust—developed in the northern region of Nagano Prefecture throughout the pre- and

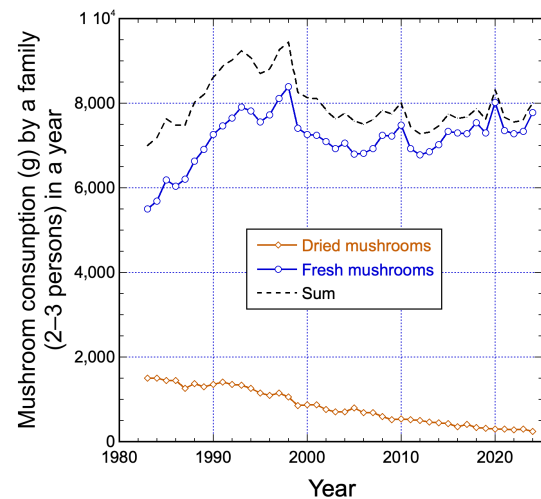


Fig. 6 Mushroom consumption by a family (two to three persons) in a year in Japan. Data source: Statistics of Japan (www.e-stat.go.jp).

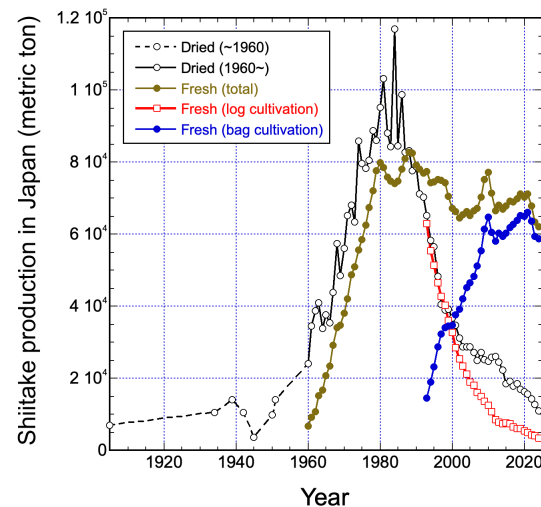


Fig. 7 The production of *Lentinula edodes* (shiitake) in Japan in the past 120 years. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html).

post-war periods. An interesting aspect of this background is that, since agriculture was impossible in winter due to the cold and heavy snowfall in this area, indoor mushroom cultivation was conceived as an alternative. This method of indoor mushroom cultivation using 'sawdust culture spawn' gradually found application in *Pholiota microspora* cultivation within the relatively cool Tohoku region as well. Alongside Japan's economic development, cultivation shifted from log-based *L. edodes* farming in mountain villages to bottle cultivation of *F. velutipes* and *Pleurotus ostreatus* on flatlands as a form of agriculture. Furthermore, specialized production groups and companies emerged, establishing dedicated mushroom cultivation facilities on these flatlands to focus exclusively on mushroom farming. Today, high-quality mushrooms are cultivated in large-scale facilities under advanced climate control. In essence, throughout the 20th century, the log cultivation of mushrooms that flourished in mountain villages gradually shifted away from these areas and into agricultural regions^[25]. Furthermore, the trend has evolved to the present day, where large-scale mushroom production plants are established in locations deemed suitable based on logistics systems near urban areas and anticipated urban mushroom consumption, enabling intensive production.

Establishment and development of log cultivation techniques

From an industrial perspective, the *Lentinula edodes* 'tanegoma' developed and popularized by K. Mori can be positioned as the starting point for log cultivation in Japan. In pre-World War II Japan, self-sufficiency was fundamental to the economy, and a high proportion of the population lived in mountain villages. This social structure persisted to some extent until the 1950s. Within the forestry-centered lifestyle of mountain villages, log cultivation of *L. edodes*—offering short-term cash returns—rapidly gained popularity. Oak trees felled from winter to early spring were cut into logs. Holes about 1 cm in diameter were drilled into these logs, and block-shaped spawns were hammered into the holes. This allowed the *L. edodes* mycelium to spread throughout the wood. Logs colonized by the inoculated mycelium were called 'hodagi'. By skillfully arranging and managing these logs within the forest, fruiting bodies could begin to be harvested as early as six months after inoculation, or at the latest within a year. While fruiting body development and harvest were weather-dependent, the mainstream practice involved harvesting fruiting bodies that appeared from autumn to spring, promptly drying them, bundling them, and shipping them to cities. Since the production areas (mountain villages) and consumption areas (cities) were often distant, dried fruiting bodies, not fresh ones, were the mainstream product. This log cultivation method was applicable not only to oak species but also to various other broad-leaved trees, making it possible to continue cultivation by appropriately utilizing these naturally occurring trees in mountain villages.

However, in the 1960s, large-scale social structural changes progressed. Increasing numbers of people, primarily young villagers, migrated to cities. Remote areas with poor transportation access gradually lost their populations, and the remaining residents faced a wave of aging. Amidst these changes, *L. edodes* log cultivation itself increased production volume until the early 1980s but then rapidly shifted into a declining trend (Figs 7 and 8). Furthermore, as dietary habits changed, demand shifted from dried to fresh *L. edodes* fruiting bodies. This led to a situation where *L. edodes* production sites gradually moved from mountain villages to flatlands near urban areas. Amidst these changes, cultivation techniques evolved from simply leaving logs in the forest to more controlled methods. These included watering the logs, moving them to water tanks for forced

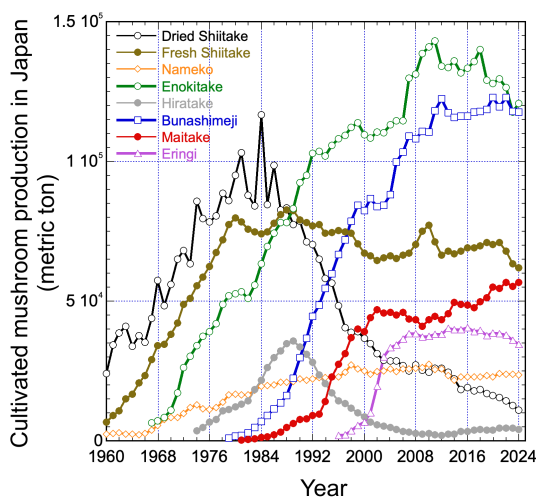


Fig. 8 The production of cultivated mushrooms in Japan in the past 65 years. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html).

hydration, and developing techniques to manage fruiting body development^[26].

The log cultivation technology, initially developed for *L. edodes*, proved applicable to other species like *Pleurotus ostreatus*, *Pholiota microspora*, *Hypholoma lateritium*, *Auricularia auricula-judae*, and *Flammulina velutipes*. Consequently, cultivation techniques for these fungi were once developed using various tree species^[27]. However, given the advantages of 'sawdust culture spawn' cultivation (substrate cultivation) discussed later, the significance of log cultivation has diminished. Today, log cultivation is primarily limited to *L. edodes*, *P. microspora*, *H. lateritium*, and *P. ostreatus*. From a technical standpoint, log cultivation can be applied to various edible mushrooms such as *Pholiota adiposa* (= *Pholiota aurivella*; Table 1), *Grifola frondosa*, *Pleurotus citrinopileatus*, *Lyophyllum*, *Hericium erinaceum*, *Sarcomyxa edulis*, *Cyclocybe aegerita* (= *Agrocybe cylindracea*; Table 1), *Stropharia rugosoannulata*, and *Pholiota lubrica*. Furthermore, it is sometimes utilized for cultivating *Ganoderma lucidum* and *Wolfiporia extensa*.

Contemporary significance of log cultivation

Compared to the substrate cultivation described later, log cultivation has a more extensive aspect and is not particularly efficient in terms of fruit body production per unit area or time. Therefore, in the 21st century, log cultivation, primarily conducted in mountainous rural areas, requires added value such as high quality and a production environment closer to nature. As shown in Table 1, the regions currently thriving in log cultivation of *Lentinula edodes* are located in the relatively warm Kyushu region of the Japanese archipelago, specifically in Oita, Miyazaki, and Kumamoto Prefectures, where vast evergreen broadleaf forests extend. Meanwhile, in the Tohoku region, home to vast beech forests, efforts are underway to cultivate *Pholiota microspora* by inoculating large-diameter beech logs felled within the forest, using a method close to natural growth patterns. These are then sold as 'wild *P. microspora* fruiting bodies' with added value.

Meanwhile, from the 1950s to the 1970s, a policy was implemented across many mountainous areas of the Japanese archipelago to clear broadleaf trees and convert the land to conifers like cedar (*Chamaecyparis obtusa* [Siebold et Zucc.] Endl.), cypress (*Cryptomeria japonica* [Thunb. ex L.f.] D. Don), and larch (*Larix kaempferi* [Lamb.] Carrière), which are suitable for construction timber. However, after these conifers matured into trees in the 1990s, demand for them as construction timber declined. Amidst this, the decline of forestry accelerated population loss in mountain villages. Not only were timber resources left unused, but an excess of woody biomass, including the forest floor environment, began to accumulate. Consequently, a movement has emerged to reintroduce log cultivation of mushrooms. This aims to utilize and reduce the woody biomass from conifers, linking it to new economic value. While few edible mushrooms can be cultivated on coniferous logs, attempts are underway to cultivate mushrooms such as *Pleurotus ostreatus*, *Pholiota microspora*, and *Hypholoma lateritium* using larch and cedar logs, and *Pholiota lubrica* using cedar and cypress logs. Integrating forest utilization and management with mushroom cultivation to build sustainable systems with low environmental impact is expected to become increasingly necessary in Japan going forward.

Origins and history of substrate cultivation

The substantial industrialization of substrate cultivation (bottle cultivation, bed cultivation) in Japan began after World War II. Initially promoted as a winter industry in northern Nagano

Prefecture, where winter farming was difficult and many people worked away from home, bottle cultivation of *Flammulina velutipes* gradually developed into a local industry throughout the 1950s, supported by local governments (Fig. 9). During this time, high school teachers Gosaku Hasegawa and Misao Kurasawa played a leading role in technology dissemination, which contributed significantly to the local community to make foundation for establishing *F. velutipes* cultivation as the unique industry. Furthermore, during the high economic growth period of the 1960s, improvements in transportation networks and logistics led to increased *F. velutipes* supply to major cities. From this era, *F. velutipes* cultivation shifted from a seasonal industry centered on winter to year-round cultivation utilizing climate-controlled facilities. Simultaneously, the material for cultivation containers changed from glass bottles to heat-resistant plastic bottles. Naturally, from the perspective of mushroom breeding, the collection of wild strains of *F. velutipes* also progressed. Within this context, while Japan's mushroom cultivation had previously been centered in warmer regions like Kyushu, known for *Lentinula edodes* cultivation, Nagano Prefecture's *F. velutipes*-focused mushroom farming gradually became the driving force of Japan's mushroom industry. By the 1980s, *F. velutipes* production had matched the previously dominant *L. edodes* production volume, later overtaking it (Fig. 8). By this time, other notable mushroom crops in Japan included *Pholiota microspora* and *Pleurotus ostreatus*, with *P. ostreatus* production accounting for a significant share.

By the 1970s, cultivation techniques for a wide variety of mushrooms were being developed across Japan^[27,29]. Once the cultivation technique for *Hypsizygus marmoreus* (Fig. 10a) was established, commercial cultivation spread widely in Nagano Prefecture, already the most active center of the mushroom industry centered on *F. velutipes* production. This expansion accelerated rapidly from the 1980s onward. Entering the 1990s, the cultivation of *H. marmoreus* saw a rapid increase in production volume, partly due to the entry of HOKTO Corporation, which today holds the largest mushroom

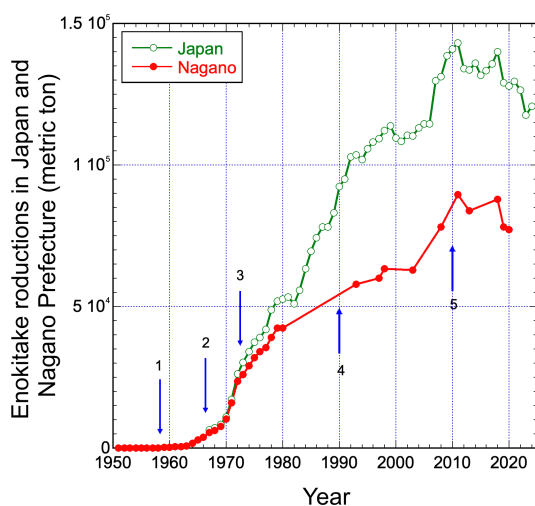


Fig. 9 The production of *Flammulina velutipes* (enokitake) in Japan and Nagano Prefecture in the past 75 years. 1: Nagano Prefecture provided subsidies for installing autoclaves to sterilize sawdust-based substrates. 2: Installation of air conditioners (coolers) at production sites and introduction of refrigerated trucks began. 3: Transition from glass bottle cultivation to plastic bottles progressed. 4: Cultivation facilities became increasingly large-scale. 5: Large-scale, efficient mycelium inoculum production advances. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html) and Uchiyama^[28].

production volume in Japan. By the 2000s, its production volume had reached that of *F. velutipes* (surpassing *L. edodes* production; Fig. 8). Also in the 1990s, the commercial cultivation of *Grifola frondosa* (Fig. 10b) became established, and since the turn of the century, the production volume of *Pleurotus eryngii* has also gradually increased. As a result of these trends, when ranking Japan's current mushroom production by species from highest to lowest volume, the order is *F. velutipes*, *H. marmoreus*, *L. edodes*, *G. frondosa*, *P. eryngii*, and *P. microspora*.

Development and spread of substrate cultivation techniques

As previously mentioned, the basic technique of creating a substrate based on sawdust, packing it into containers such as bottles, and cultivating wood-decay fungi like *Flammulina velutipes* and *Pleurotus ostreatus* was pioneered by H. Morimoto in the 1920s. Utilizing this technique, *F. velutipes* cultivation began as a local industry in northern Nagano Prefecture from the 1940s onwards. With support from Nagano Prefecture, the scale of *F. velutipes* cultivation expanded by the 1950s (Fig. 9). The subsequent technological developments were also outlined earlier.

Here, we will focus on *F. velutipes*, which still boasts Japan's largest production volume, specifically examining the technological developments from the late 20th century to the present. By the 1980s, *F. velutipes* already exhibited high yield potential through breeding manipulation and displayed their characteristic shape, with countless fruiting bodies growing in bundles (Fig. 1a), thanks to the paper-rolling technique developed in the 1940s. Fruit bodies of cultivars from this period had a slightly cream-colored hue^[30], but by the 1990s, white-colored varieties became mainstream after introducing naturally occurring white-colored mutants. Today, the pure white strains are the predominant *F. velutipes* cultivated in Japan. These cultivation techniques and varieties were also introduced to China and South Korea, leading to widespread cultivation there. Amidst this development, the scientific name of *F. velutipes* was changed to *F. filiformis* (Z.W. Ge, X.B. Liu & Zhu L. Yang) Wang et al.^[31]. This change was based on molecular phylogenetics, which identified the European/North American *F. velutipes* and the Asian *F. velutipes* group (including Japanese cultivated strains) as independent clades. Although the morphological differences were slight, the latter was classified as a new species. However, based on knowledge of hybrid breeding up to the 1990s, Japanese *F. velutipes* cultivated varieties and European/North American *F. velutipes* can be considered a single hybrid population^[32]. Therefore, the treatment of *F. filiformis* as a distinct species warrants reconsideration.

While Japanese *F. velutipes* cultivation traditionally used broadleaf sawdust as the base substrate, today it is common practice to blend in a certain amount of cedar sawdust (sometimes up to half) for ease of material availability and cost considerations. Efforts to reduce costs also include reusing a certain amount of spent substrate. *Flammulina velutipes* is a highly efficient species to cultivate, as both the

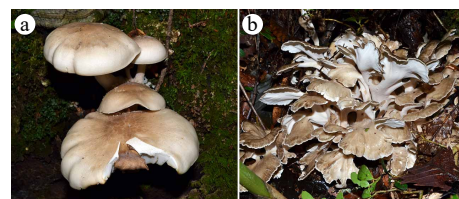


Fig. 10 Commercially important cultivated mushrooms in Japan. (a) *Hypsizygus marmoreus* (Sep 2015; Matsumoto, Nagano; wild). (b) *Grifola frondosa* (Oct 2016; Takayama, Gifu; wild).

mycelium growth period on the substrate and the subsequent period required for fruiting body development are short^[26]. In recent years, significant efficiency improvements have been achieved, including the advancement of robotic manufacturing systems and the introduction of systems where liquid-cultured mycelium is injected into the substrate using specialized equipment (www.agries-nagano.jp/wp/wp-content/uploads/2021/10/2009-1-s01.pdf). Within this trend, fruiting body production systems are becoming increasingly large-scale and labor-saving.

In Japan, much of the substrate cultivation technology that began after the war was derived from *F. velutipes* cultivation techniques. Naturally, the substrate's nutrient composition, moisture content, cultivation temperature, cultivation period, and fruiting body induction operations differ for each mushroom species. However, the basic operations are common. Therefore, it is common for a single company to cultivate and sell multiple species simultaneously. For *F. velutipes*, *Hypsizygos marmoreus*, *Pleurotus eryngii*, *Pholiota microspora*, and *Pleurotus ostreatus*, substrate cultivation using plastic bottles is the mainstream method. On the other hand, for *Lentinula edodes*, *Grifola frondosa*, and *Auricularia polytricha*, substrate cultivation using blocks of substrate packed into bags is the mainstream method^[25,26].

New research methods for advancing substrate cultivation technology and its applications

Even today, hybrid breeding remains the most rational approach for improving the productivity and quality of cultivated mushrooms. This is because, unlike livestock and vegetables—which have undergone long-term selection from wild populations throughout human history—mushrooms still contain significant elements where quality can be enhanced through selection from wild strains and their inbreeding and outbreeding offspring. In Japan, since the 1980s, genetic backgrounds forming the basis for mushroom variety development have been researched and practically applied using mutant strains obtained through various mutation techniques, including gamma-ray radiation^[33]. Entering this century, Japan advanced legal frameworks for the industrial use of recombinant organisms. Unfortunately, however, amid intense public scrutiny, the development of recombinant agricultural crops, including mushrooms, has not progressed significantly. However, the situation has changed dramatically with the advent of precise genome editing technologies like CRISPR-Cas9. Currently, no successful examples of mushroom variety development using these new technologies are known within Japan. Nevertheless, as genome-edited *Agaricus* mushrooms developed in the United States are already on the market^[34], the potential for such varieties to be developed in Japan is high.

In mushroom breeding, improving fruit body productivity alongside selecting strains with desirable appearance and taste has been a longstanding challenge. Wild *Flammulina velutipes* fruiting bodies have brownish-red caps, but cultivating them in darkness using paper-wrapped cultivation produced cream-colored, slender, clustered fruit bodies. This proved successful and became the standard cultivated form today. Similarly, white variants of *Hypsizygos marmoreus* and *Grifola frondosa* were developed as varieties and are now sold commercially. Furthermore, since the start of this century, breeding focused on the functional properties of mushrooms has flourished, leading to the development of varieties with enhanced levels of eritadenine, GABA, and ergothioneine. The perspective of utilizing mushrooms for human health, combined with scientific findings such as the immune-boosting effects of β -glucan (a component of mushroom cell walls)^[35], will undoubtedly gain even greater importance in our future lives. Moreover, hericenones and

erinacines, discovered in *Hericium erinaceum*^[36], are attracting attention from a medical perspective for preventing cognitive decline, particularly in the context of the aging populations seen in developed nations. To consistently and efficiently ingest these health-maintaining compounds through the consumption of edible mushrooms, molecular breeding approaches appear promising for increasing their content^[37].

Resource utilization and cultivation of mycorrhizal mushrooms

Mycorrhizal mushrooms have long been recognized as an important food resource in forest regions worldwide since ancient times. In particular, truffles (*Tuber* spp.), porcini (*Boletus* spp.), chanterelles (*Cantharellus* spp.), hedgehog mushrooms (*Hydnum* spp.), saffron milk caps (*Lactarius* spp.), and Caesar's mushrooms (*Amanita* spp.) remain widely utilized in European culinary cultures today^[38–40]. In Asia, genera such as *Russula*, *Boletus*, *Suillus*, *Lyophyllum*, *Tricholoma*, *Lactarius*, and *Astraeus* have been extensively utilized in China, Japan, Thailand, and other countries^[10]. Comparing Europe and Asia reveals significant differences in vegetation and culinary traditions, leading to distinct patterns in the types of mushrooms utilized^[9]. This paper does not broadly cover the specifics of such extensive resource utilization. Instead, it covers the history of resource use in Japan up to today's technological development research.

Background reasons for utilizing diverse mycorrhizal mushrooms: ecological and social aspects

As mentioned at the outset, the history of mushroom utilization in Japan undoubtedly predates the written records, dating back to around the 7th century. The Japanese word 'kinoko', meaning mushroom, originates from 'tree child'. Japan remains a country with a high forest coverage rate globally, with forests currently covering approximately 67% of its land area. In ancient times, nearly the entire country was forested. As previously stated, within this environment, diverse ectomycorrhizal mushrooms, alongside saprotrophic fungi, were utilized for food. Within this history, *Tricholoma matsutake* has been recognized since ancient times as a seasonal delicacy. During the Heian period (roughly 9th–12th centuries), imperial family members would hunt *T. matsutake* fruiting bodies in Kyoto's pine forests and even hold banquets right there in the woods. Meanwhile, commoners also enjoyed *T. matsutake* hunting, and a culture existed where they would gift *T. matsutake* fruiting bodies to relatives and acquaintances^[4,41]. During the Edo period (roughly 17th–19th centuries), Japan's social structure required feudal lords from across the country to reside periodically in Edo. This likely facilitated the spread of *T. matsutake* culture, originally centered in western Japan around Nara and Kyoto, throughout the nation via human interaction and logistics in Edo.

The Japanese archipelago, characterized by high precipitation, complex topography due to orogenic activity, and numerous volcanoes, has developed an extremely diverse forest vegetation. This, in turn, supports a wide variety of fungi. Conversely, arid areas were limited to coastal sand dunes, volcanic wastelands, and steep, eroded rocky mountains. The Japanese red pine (*Pinus densiflora* Siebold et Zucc.), currently the primary host tree for *T. matsutake* harvesting, possesses the characteristic of being a pioneer species capable of rapidly colonizing open environments prone to soil desiccation. Consequently, it was not necessarily a dominant tree species in ancient times. However, between 3000 and 2000 BC, as

rice cultivation began along the western Japanese coast and the population started to grow, coastal and lowland forests were cleared and utilized. Concurrently, Japanese red pine forests, which colonize barren land early, gradually expanded. By the mid-Edo period (18th century), Japan's population reached 30 million, and large areas of Japanese red pine forests developed not only around cities but also in the mountain forests surrounding mountain villages. As mentioned earlier, in these mountain forests, the removal of forest litter and fallen branches likely resulted in drier soils, creating an environment suitable for *T. matsutake* (Fig. 4a). At the beginning of the Meiji era (1868–1912), the population was around 30 million, but by 1912, the Japanese population had reached 50 million. Under these conditions, the vast red pine forests were considered ideal habitats for *T. matsutake*. However, following World War II, as Japan's social structure underwent significant changes, shifts in population dynamics and land use led to major alterations in the dynamics and area of red pine forests near cities and in lowland areas. Consequently, the nationwide production of *T. matsutake* continued to decline (Figs 11–13). This trend was particularly pronounced in western Japan. Hiroshima Prefecture, which boasted the largest *T. matsutake* production in Japan half a century ago, has seen its production drop to nearly zero in this century. On the other hand, *T. matsutake* harvests from central to eastern Japan are also generally experiencing a decline in production. However, these regions contain many mountain areas with a high proportion of natural vegetation. The local populations of *T. matsutake* inhabiting these forests maintain a certain level of population density. Consequently, *T. matsutake* production in this century has centered on Nagano Prefecture in central Japan, surrounded by high-altitude mountainous areas, and Iwate Prefecture in Tohoku. Potentially, Hokkaido, with its vast conifer forests, can also be considered a major habitat for *T. matsutake*^[42].

Relationship between the utilization of mycorrhizal mushrooms and mountain forest use/forestry

It is a well-known fact that mycorrhizal mushrooms, represented by *Tricholoma matsutake*, are widely utilized in Japan. However, the species actually consumed for food vary by region (Table 3). In pine

forests, species such as *Suillus bovinus* (Fig. 4c), *Ramaria botrytis*, *Cortinarius caperatus*, *Boletopsis leucomelaena*, *Lyophyllum shimeji* (Fig. 4b), *Lactarius hatsudake*, *Tricholoma flavovirens*, *Catathelasma ventricosum*, and *Rhizopogon roseolus* are also widely used (Fig. 14a–g). In stands dominated by Fagaceae trees, a highly diverse range of mushrooms is utilized, including *L. shimeji*, *L. fumosum*, *Tricholoma portentosu*, *Sarcodon aspratus*, *Boletus reticulatus*, *Hygrophorus russula*, *Lactifluus volemus*, *Entoloma sarcopum*, *Cortinarius elatior*, *C. pseudosolor*, *C. claricolor* var. *tenuipes*, and *C. praestans* (Fig. 14h–p). Additionally, popular mushrooms include *Suillus grevillei* and *S. viscidus* found in larch forests, and *Lactarius laeticolor* found in fir forests (Fig. 14q, r). Many of these diverse mushrooms are sold in small markets. Since there is no system for compiling

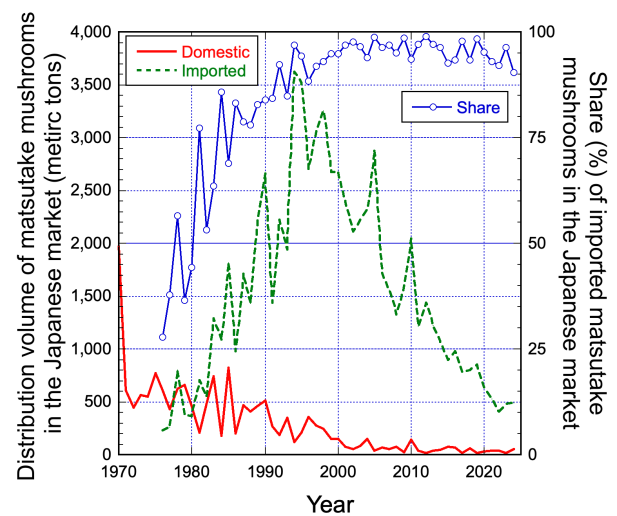


Fig. 12 Distribution volume of *Tricholoma matsutake* fruiting bodies in the Japanese market in the past half a century. Domestic matsutake only includes *T. matsutake*, whereas imported matsutakes include several closely related species. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html).

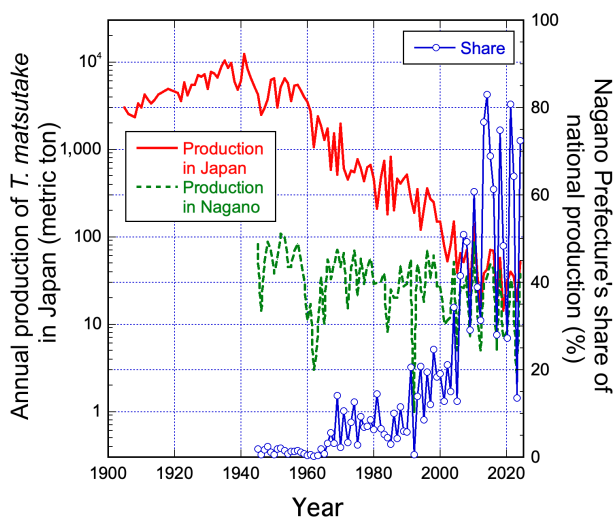


Fig. 11 Annual production of *Tricholoma matsutake* fruiting bodies in Japan and Nagano Prefecture in the past 120 years. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html) and Editorial Committee of the Guide to Increasing Matsutake Production^[43].

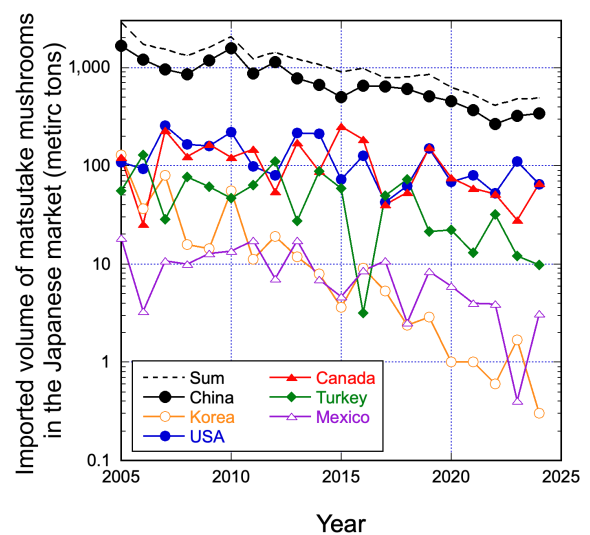


Fig. 13 Imported volume of *Tricholoma matsutake* and related species (matsutake mushrooms) in the Japanese market in the past 20 years. As well as Fig. 12, imported matsutakes include *T. matsutake* and several other closely related species. Data source: Statistics of the Ministry of Agriculture, Forestry and Fisheries, Japan (www.maff.go.jp/j/tokei/index.html).



Fig. 14 Popular edible ectomycorrhizal mushrooms in Japan since the old era. (a) *Ramaria botrytis* (Sep 2013; Matsumoto, Nagano). (b) *Cortinarius caperatus* (Nov 2019; Okaya, Nagano). (c) *Boletopsis leucomelaena* (Oct 2000; Nakagawa, Nagano). (d) *Lactarius hatsudake* (Oct 2007; Ooshika, Nagano). (e) *Tricholoma auratum* (Nov 2022; Omi, Nagano). (f) *Catathelasma ventricosum* (Aug 2017; Matsumoto, Nagano). (g) *Rhizopogon roseolus* (Nov 2013, Takatori, Nara). (h) *Lyophyllum fumosum* (Oct 2018, Iiyama, Nagano). (i) *Tricholoma portentosum* (Oct 2000, Nakagawa, Nagano). (j) *Sarcodon aspratu* (Oct 2016, Ooshika, Nagano). (k) *Boletus edulis* (Aug 2022, Matsumoto, Nagano). (l) *Hygrophorus russula* (Sep 2014, Saku, Nagano). (m) *Lactifluus volemus* (July 2011, Okaya, Nagano). (n) *Entoloma sarcopum* (Sep 2014, Saku, Nagano). (o) *Cortinarius pseudosalor* (Sep 2021, Matsumoto, Nagano). (p) *Cortinarius claricolor* var. *tenuipes* (Sep 2015, Nakagawa, Nagano). (q) *Suillus orientalis* (Oct 2000, Ina, Nagano). (r) *Lactarius laeticolor* (Oct 2012, Matsumoto, Nagano). In Japan, *T. auratum* and *T. flavovirens* are often confused in the taxonomy, but both have been commonly used since the old era. In *B. edulis*, several related species such as *B. reticulatus*, *B. violaceofuscus* W.F. Chiu, and *B. hiratsukae* Nagas. are known in Japan and used as edible mushrooms in common. *Suillus orientalis* was recently described as a new species, divided from the *S. grevillei* complex.

data on these individual species at the local government level, no aggregated government statistical data exists. While the production volume of each individual species is not particularly large, the

total volume is estimated to be far greater than that of *Tricholoma matsutake*, for example. Consequently, while it is difficult to discuss the economic scale and impact of these resources in concrete terms, they are by no means negligible from the perspective of the economic viability of mountain village communities.

The cultivation of mycorrhizal mushrooms occurs in limited forms, but the bottle cultivation of *L. shimeji* is particularly noteworthy. *Lyophyllum shimeji* itself is a true ectomycorrhizal fungus, and there is no evidence that it partially decomposes wood components such as cellulose and uses them as a carbon source. However, experiments have shown that on culture media, its ability to decompose starch and use it as a carbon source is relatively high among ectomycorrhizal fungi^[44,45]. Leveraging this property, a bottle cultivation method for *L. shimeji* using starch as a carbon source was established. Since the beginning of this century, commercial bottle cultivation production has continued, albeit on a small scale. Among these, the production group with the highest current output has undergone organizational restructuring and business transfers, and is now under the umbrella of Yukiguni Factory Co., Ltd. Going forward, as new production groups rise and production competition intensifies, this could lead to an overall increase in production volume.

For other ectomycorrhizal mushrooms, recent reports indicate that planting ectomycorrhizal seedlings of the native Japanese whitish truffle, *Tuber japonicum*^[46], and the blackish truffle, *Tuber himalayense* (www.ffpri.go.jp/press/2023/20231204/documents/20231204press.pdf), have resulted in fruiting in the wild. Commercial production of these truffles is likely to begin in the near future. Beyond truffles, mycorrhizal synthesis and fruiting body production under laboratory conditions have been reported for several other mycorrhizal fungal species^[47,48], but efforts toward subsequent commercial production have yet to commence.

For the vast majority of other species, efforts focus on preparing forest environments for fruiting body development or dispersing spores within forest environments. Regarding *T. matsutake*, it has been pointed out that such efforts have been undertaken empirically since ancient times, even without a clear objective of environmental preparation. Since the early introduction of scientific analysis in the Meiji era, maintaining *T. matsutake* production and properly managing red pine forests became key challenges^[49,50]. Similarly, efforts are also underway to inoculate pine seedlings with spores of *R. roseolus* to form mycorrhizae, leading to fruiting body development^[51,52]. While these techniques are as simple as cultivation methods, under the premise of sustainably producing and harvesting mushrooms within the primary objectives of forestry and forest management, they can be considered the most rational cultivation techniques in practice.

Harvesting mycorrhizal mushrooms and the organizational structure of mountain forest communities

When harvesting mushrooms in Japanese mountain forests, several constraints and agreements exist regarding relationships with landowners and legal aspects. However, for individuals venturing into the mountains to gather mushrooms for personal consumption, significant restrictions are often absent.

Within government-managed national parks, all living organisms are generally protected, requiring special permits for collection and use, making commercial mushroom harvesting difficult. Conversely, in other state-managed forests, while management objectives like land conservation or forestry utilization are set, mushroom harvesting is often not strictly prohibited. Consequently, while personal

mushroom foraging is often unrestricted, commercial harvesting is subject to specific regulations. However, since wild mushroom harvesting is often conducted on a small scale by small organizations, few substantive restrictions exist as long as it does not cause deforestation or vegetation disturbance. While some forests owned by local governments or municipalities have specific agreements prohibiting mushroom harvesting in certain areas, most do not explicitly ban entry into the forest or the harvesting of wild mushrooms. On the other hand, in privately owned forests, while the forms of ownership (individuals, organizations, etc.) are complex, generally, restrictions are placed on entering such woodlands and harvesting wild mushrooms. Particularly in areas where woodlands are managed specifically for *Tricholoma matsutake* harvesting, signs prohibiting third-party entry are posted (Fig. 15). Unauthorized entry into such areas to harvest *T. matsutake* can lead to lawsuits or compensation claims. Furthermore, even on private land where harvesting of other mushrooms, wild vegetables, and other forested resources with monetary value is permitted, restrictions similar to those for *T. matsutake* may be in place.

Most of the forested areas maintained specifically for *T. matsutake* harvesting are privately owned. Such initiatives are not undertaken in national forests, and only a very small number of local governments implement them. In forests managed for *T. matsutake* harvesting, if the owner is a private organization or local government, regular bidding takes place. The successful bidder then maintains and manages a designated area of forest and holds the right to harvest *T. matsutake*. Eligibility for bidding is often restricted to individuals registered as residents in the forest area or members of forest-owning groups (typically forestry cooperatives). In practice, this means families residing in mountain villages have traditionally won bids for *T. matsutake* harvesting forests, maintained the forests, and harvested the mushrooms. However, the decline and aging of mountain village populations continue into the present century, making a new management system likely necessary in the future.

Development and progress of *Tricholoma matsutake* cultivation research

Research into cultivating *T. matsutake* fruiting bodies gained particular prominence in Japan during the 1960s, coinciding with the start of a decline in domestic harvests. While harvests at that time were enormous compared to the situation in this century, they had fallen to less than half of the peak recorded in 1941 (Figs 11–13). The 1960s saw a focus not only on this harvest situation but also on biological research into *T. matsutake*, marking the beginning of the cultivation research that continues today. Detailed accounts of subsequent research developments can be found in Yamanaka et al.^[14] and Yamada^[53]. This paper will therefore focus primarily on trends in this century, including later developments.

Development of research focused on ectomycorrhization of *Tricholoma matsutake*

Research into cultivating *T. matsutake* fruiting bodies gained particular

From the late 20th century to the early 21st century, studies using cultured *T. matsutake* strains revealed that *T. matsutake* forms ectomycorrhizae with Japanese red pine through mycorrhizal synthesis, establishing a symbiotic relationship^[9,54–58]. However, the success achieved *in vitro* using small seedlings was not immediately applied to seedling acclimatization and field planting. Efforts to increase the size of mycorrhizal seedlings by scaling up the culture apparatus were promptly undertaken^[2,58,59]. However, although studies have shown that *T. matsutake* mycorrhizae survive for 2 to 3 years after



Fig. 15 Signs indicating management of the forest for *Tricholoma matsutake* harvest. (a) Sign indicating test areas through collaboration between private organizations and local governments. (b) No trespassing sign for private forest.

planting such mycorrhizal seedlings in the field^[60], the development of mycelium colonies within the seedling root system and the proliferation of mycorrhizae have not yet been conclusively demonstrated. Furthermore, the progression of matsutake primordia formation during the acclimation and cultivation of mycorrhizal seedlings in the laboratory remains unconfirmed.

When *in vitro* mycorrhiza synthesis is successful, transplanting such seedlings into potting soil and acclimating them can often lead to fruiting body formation^[47,48,61]. However, this process does not always proceed smoothly with *T. matsutake*. It is necessary to plant the seedlings in large pots while carefully preserving the structure of the small *T. matsutake* mycelium mass (a three-dimensionally developed colony within the root system called 'shiro') – formed by the aggregation of countless mycorrhizae within the root system and the surrounding extraradical mycelium – until it develops to a macroscopically visible size, and then monitor its growth^[53]. Using large pots in the indoor acclimatization process, this shiro structure has been successfully expanded to approximately 30 cm in horizontal diameter and 15 cm in vertical thickness within the root system of red pine seedlings^[62].

The 'competitive activation' of growing mycelium reported by Horimai et al.^[63], where mixing genetically distinct *T. matsutake* strains onto a single host of Japanese red pine seedling increases ectomycorrhiza formation, has seen limited subsequent verification. However, from the perspective of overcoming the difficulty of increasing *T. matsutake* mycorrhiza after the above-mentioned adaptation or after field planting, it represents a promising approach. Similarly, the phenomenon reported by Horimai et al.^[64], where new genets emerge on preformed *T. matsutake* mycelium after spore germination on a single host of Japanese red pine seedling, leading to increased mycorrhiza formation in a mixed state, can also be interpreted as competitive activation between hyphae^[53]. While such interactions between *T. matsutake* mycelia can be inferred from previous analyses of *T. matsutake* mycelium dynamics in the field using individual identification markers^[65], the extent to which they contribute to mycelial activity and survival strategies in nature remains unanalyzed.

Development and expansion of *Tricholoma matsutake* cultivation research: management measures for fruit body production sites

Research on managing mushroom harvesting forests is positioned as cultivation research in the broadest sense from the perspective of achieving sustainable production while protecting *T. matsutake* resources. As mentioned earlier, the technology for mass-producing mycorrhizal seedlings, planting them outdoors, and artificially creating matsutake harvesting forests remains at the initial research stage. This is partly because planting mycorrhizal seedlings on flat land, as done with truffle plantations, is unsuitable for *T. matsutake*. As previously noted, in the humid Japanese archipelago, *T. matsutake* tends to colonize Japanese red pine forests established

on rocky mountains or steep slopes with good drainage (Figs 4a, 16, and 17). From the mid-20th century onward, forest management techniques for *T. matsutake* production by dedicated foresters began to be documented^[66,67]. Research involving the establishment of managed Japanese red pine forests meeting these prerequisites and monitoring *T. matsutake* yield over 20 to 30 years was conducted in pine forests across western Japan from the 1970s to the 1990s. These studies provided some scientific confirmation that classical management practices, such as thinning out shrubs and clearing the forest floor, remain effective. However, many of these studies often lacked clear comparative analysis between experimental and control plots, partly due to complex mountainous topography. Furthermore, in many of these pine forests studied during the 20th century, subsequent widespread pine die-offs led to the discontinuation of numerous experiments. Consequently, longer-term trends, particularly the dynamics as pine forests age, remained unverified. Amidst this, in Nagano and Iwate Prefectures, where commercial *T. matsutake* harvesting has continued into this century, monitoring surveys of matsutake occurrence have persisted^[68,69]. The site in Toyooka Village, Nagano Prefecture, has yielded the longest-term data collected. Here, in 1980, experimental and control plots were established along a ridge in a red pine forest where matsutake occurrence was observed. Since then, *T. matsutake* yield has been meticulously recorded. While the interim results of this survey were reported, the detailed yield dynamics over the past 40 years up to 2020 were analyzed and reported by Furukawa et al.^[70]. The results showed that with continuous appropriate management practices (thinning of shrubs and clearing of the forest floor), *T. matsutake* harvest levels could be maintained at a consistent level (commercial production) over 40 years (Fig. 18). Even as the host of Japanese red pines transitioned from mature to old-growth forests

(50–70 years old), no significant decline in pine fine root biomass was observed, demonstrating that the habitat for *T. matsutake* could be sustained. In other words, by appropriately maintaining vegetation and forest floor conditions in *T. matsutake*-producing areas, long-term and continuous income can be obtained. This perspective can also be considered an aspect of *T. matsutake* cultivation technology. This 40-year continuous harvest data represents the world's longest record and holds significant importance for our discussions on 'resource conservation' and 'sustainable production' of mycorrhizal mushrooms. Note that this Toyooka experimental site is village land (public property). The same individual won the bidding for this land for over 40 years and shipped the harvested fruiting bodies to the market. During this period, at the request of Nagano Prefecture, all occurrences of fruiting bodies—including when, where, and how many (or how many grams) appeared—were meticulously recorded (Figs 17b and 18). Nagano Prefecture then handled the data analysis of these fruiting body occurrences. Subsequently, the winning bidder who had continued collecting data at this trial site retired due to advanced age. Starting in 2024, another winning bidder will maintain and manage the experimental site, while the joint research with Nagano Prefecture continues.

Cultivation research on Japanese truffles

Research on cultivating truffles in Japan began relatively recently. The first discovery of fruiting bodies of the genus *Tuber* in Japan dates back to 1935^[71], and since the 1970s, their distribution within the country has become widely recognized^[72–74]. However, it was only in this century that domestic *Tuber* species began to be considered as edible mushroom resources, and their cultivation was explored. Specifically, research aimed at producing mycorrhizal seedlings and establishing future plantations has only been underway for about a decade^[75]. Even within this short timeframe, the Japanese endemic whitish species *Tuber japonicum* has successfully produced fruiting bodies in fields planted with mycorrhizal seedlings^[46], making plantation establishment increasingly feasible. For the blackish species *T. himalayense* (Fig. 19), which is relatively



Fig. 16 *Tricholoma matsutake* occurrences in various forests other than *Pinus densiflora*. (a) *Pinus pumila* forest (Sep 2015, Ashoro, Hokkaido). (b) *Abies sacharinensis* forest (Sep 2015, Nishi-okoppe, Hokkaido). (c) *A. veitchii* forest (Aug 2017, Matsumoto, Nagano). (d) *A. firma* forest (Oct 2023, Nasu-shiobara, Tochigi). (e) *Tsuga diversifolia* forest (Sep 2021, Saku, Nagano). (f) *T. sieboldii* forest (Sep 2021, Ooshika, Nagano).

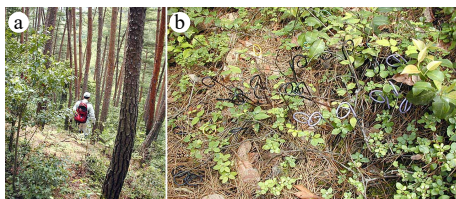


Fig. 17 Toyooka experimental site for *Tricholoma matsutake* research. (a) forest condition. (b) The pin was stuck in the spot where the *T. matsutake* fruiting body occurred. Different colors indicate different years of pins stuck. These two photographs were both taken in 2007.

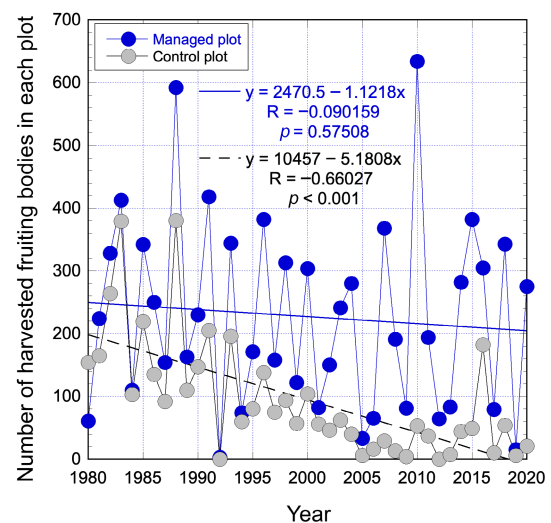


Fig. 18 Forty years of harvest records for *Tricholoma matsutake* fruiting bodies at the Toyooka experimental site in Nagano Prefecture (Fig. 17). While the harvest of fruiting bodies in the control plot decreased significantly throughout the experimental period, the harvest remained stable in the managed plot. This graph was redrawn based on the original data from Furukawa et al.^[70]. In 2024, the number of harvested fruiting bodies in the managed plot was nearly equal to the number in 2010 (Hitoshi Furukawa, personal communication).

widely distributed across the Japanese archipelago, successful fruiting body development similar to *T. japonicum* has been reported. However, due to limited academic documentation, technical details remain unclear. While the species targeted in such research for truffle cultivation in Japan are currently very limited, cultivation efforts may extend to blackish species such as *Tuber longispinosum* A. Kinosh. and *Tuber* sp. 5^[76] in the future.

To date, no academic reports on cultivation research concerning the Perigord truffle (*T. melanosporum* Vittad.) within Japan are known. The primary reasons for this are differences in climate and the native host-fungus associations. Regarding the former, the natural habitat of the Perigord truffle spans Mediterranean to western maritime climates, which differ significantly in precipitation from the warm, humid climate of the Japanese archipelago. Consequently, establishing the Perigord truffle in Japan, with its warm, humid conditions and high biodiversity, is likely to be difficult. *Tuber himalayense* and *T. lonigispinosum*, native species closely related to the Perigord truffle in taxonomy, similarly require relatively high soil pH for growth^[77]. Consequently, introducing the Perigord truffle to Japan could lead to competition with these native species. Furthermore, recent restrictions on the import of genetic resources make the domestic cultivation of *T. melanosporum* in Japan challenging. On the other hand, Japan's truffle imports have shown a yearly increasing trend since the beginning of this century (Figs 20, 21). This situation suggests that policies emphasizing the cultivation of native truffle species as alternatives to *T. melanosporum* and *T. magnatum* Picco for the domestic market will likely gain importance in Japan. The aroma of mature fruiting bodies of *T. himalayense* and *T. lonigispinosum* is similar to that of *T. melanosporum*, while the aroma of mature *T. japonicum* fruiting bodies has a garlic-like odor, similar to *T. magnatum*^[78].

Mycorrhizal seedlings of *T. himalayense* and *T. japonicum* can be produced using several Fagaceae tree species, including *Quercus serrata* Murray. Therefore, cultivation of these truffles is considered feasible in coastal areas of Korea and China, which share similar climates and vegetation.

Research on mycorrhizal fungi other than *Tricholoma matsutake* and truffles

As previously mentioned, Japan has utilized a diverse range of wild edible ectomycorrhizal fungi. We have also outlined the basics of commercial cultivation of *Lyophyllum shimeji* on bottle cultivation, and the cultivation of *Rhizopogone roseolus*, primarily cultivated in pine forests on coastal sand dunes. Here, we briefly touch upon the known findings regarding mycorrhizal synthesis and forest management, which form the basis for such research.

Regarding mycorrhizal synthesis in edible mycorrhizal mushrooms, reports exist for *Lyophyllum*, *Tricholoma*, *Suillus*, *Rhizopogon*, *Amanita*, *Boletus*, *Astraeus*, *Lactarius*, *Cantharellus*, and *Hydnum*^[47,48,79–81], and fruiting body production has been reported for some species. For *Hygrophorus*, *Catatherasma*, *Sarcodon*,



Fig. 19 Fruiting bodies of *Tuber himalayense*. (a) November 2019, Iizuna, Nagano. (b) October 2017, Tatsuno, Nagano. (c) December 2019, Tatsuno, Nagano.

Boletopsis, *Ramaria*, *Cortinarius*, *Entoloma*, and *Craterellus*, which are desired for cultivation, mycelium culture itself has not been extensively studied. Therefore, establishing cultivation for these species will likely require starting from the fundamentals.

It is empirically known that in natural forests where mycorrhizal mushrooms occur, forest management practices similar to those demonstrated in *T. matsutake* research tend to increase fruiting body production. In pine forests, these include *L. shimeji*, *Suillus bovinus*, *S. luteus*, *Tricholoma flavovirens*, *T. japonicum*, *R. roseolus*, *Lactarius hatsudake*, *L. akahatsu*, *Boletopsis leucomeranea*, *Phellodon fulgineoalbus*, and *Ramaria botrytis*; in *Quercus serrata* stands, *Lyophyllum fumosum*, *Tricholoma portentosum*, and *Sarcodon aspratus*; and in *Larix kaempferi* stands, *S. orientalis* and *S. grevillei*, among others. This forest management, while having an aspect of artificial cultivation, also creates habitats suitable for species adapted to such anthropogenic environments (where the surface soil layer of the forest floor tends to dry out more easily compared to natural forests). Japanese red pine forests and deciduous broadleaf forests

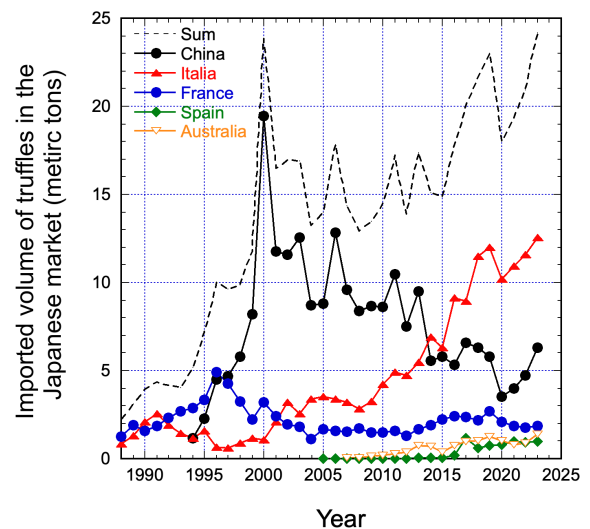


Fig. 20 Imported volume of truffles in the Japanese market in the past 40 years. Data source: Trade Statistics of Japan (www.customs.go.jp/toukei/info/).

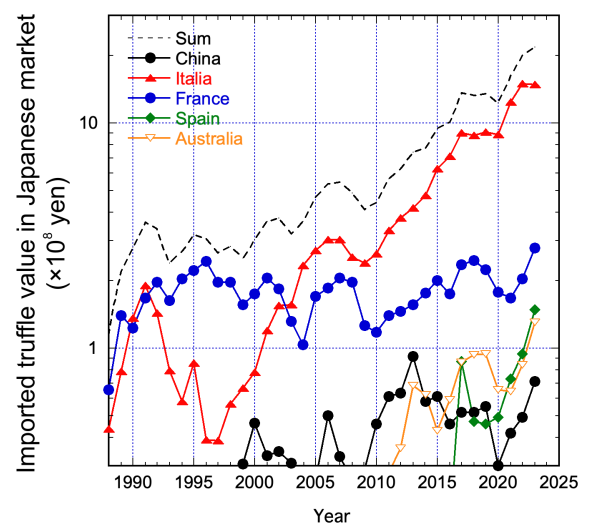


Fig. 21 Imported truffle value in the Japanese market in the past 40 years. Data source: Trade Statistics of Japan (<https://www.customs.go.jp/toukei/info/>).

like those of *Quercus acutissima* Carruth. and *Q. serrata* have been closely intertwined with human life since ancient times. Therefore, especially in mountain forests adjacent to human settlements, it is desirable to optimize these forests with the premise of harvesting and sustainable use of such fungi. In countries and regions with dry climates, regenerating forests after logging requires significant cost and time. However, in humid climates like Japan's, where forest coverage is already high, vegetation recovers rapidly after logging. In some cases, forests regenerate within a few years after logging. Under such vegetation, selectively retaining pine and oak trees can often provide stands favorable for harvesting mycorrhizal mushrooms.

Social and economic environment promoting mushroom cultivation in Japan and global trends

As seen thus far, the history of mushroom cultivation in Japan began with a focus on revitalizing regional economies and domestic demand. This trend remained consistent until the 1980s, with annual and future plans being formulated by both the mushroom industry and the government centered around these objectives. Meanwhile, large-scale mushroom cultivation began in China during the 1980s, and by the 1990s, the situation shifted to massive imports of these products into the Japanese market. Particularly, dried and fresh *Lentinula edodes* fruiting bodies imported from China were cheaper than Japanese products. Although there were quality differences initially, these gradually diminished. These developments accelerated the decline in prices for cultivated mushrooms, including *L. edodes*, produced in Japan. Consequently, the domestic mushroom industry faced increasing demands for large-scale operations and production efficiency. Amidst these changes, while domestically produced mushrooms still dominate the fresh mushroom market sold within Japan, a significant portion of dried mushrooms and boiled mushrooms used as ingredients in processed foods now comes from overseas sources, primarily China (especially *L. edodes*, *Pleurotus ostreatus*, and *Auricularia polytricha*).

Entering the 21st century, Japan's mushroom consumption reached a steady state, and accordingly, mushroom production also stabilized. Particularly over the past decade, there have been no significant fluctuations in the production volumes of major mushrooms (Fig. 3). Instead, efforts have focused on developing new varieties and improving production processes for each species. Against the backdrop of Japan's economic stagnation and a trend toward cost reduction, a practice emerged where *L. edodes* substrate was manufactured in China, while only the fruiting bodies were harvested in Japan. This allowed the mushrooms to be sold cheaply as 'domestically produced *L. edodes*.' In response, a legislative amendment requiring the separate labeling of the country of origin for the growing medium and the country of harvest for the fruiting bodies was enacted and took effect in 2022. Only products where both substrate production and fruiting body harvesting occur domestically can be labeled 'domestic.' This policy aims to protect domestic mushroom producers and the industry. Furthermore, it often became problematic when cultivated mushroom varieties imported into Japan—originally developed domestically and protected under Japan's Seed and Plant Variety Protection Act—were leaked overseas, where domestic laws did not apply. These varieties were then produced abroad and re-imported into Japan. These cases, including those involving Japanese vegetable and fruit varieties, became social issues. Consequently, the Seed and

Plant Variety Protection Act was amended. Specifically, taking varieties developed and registered in Japan overseas without the registrant's permission became an illegal act.

During the 1990s, amid China's economic development and the rapid growth of mushroom cultivation there, Japanese mushroom production companies also explored entering the Chinese market and forming joint ventures with Chinese firms. However, many companies subsequently withdrew, and today, collaboration tends to be limited to specific forms of community or partnership. On the other hand, Japan's mushroom cultivation systems (machinery and production plants) are highly efficient and compact in size, leading to cases where such systems have been introduced in North America and Europe.

Japan's total population peaked in 2004 and has since declined. Consequently, significant future growth in total cultivated mushroom production appears unlikely. Therefore, from the perspective of promoting healthy eating habits, a realistic goal is to maintain current production levels while increasing per capita mushroom consumption. This means that in mushroom breeding and new variety development, there will be an increasing demand for varieties that are not only high-yielding and productive but also nutritionally rich. Furthermore, within the framework of the mushroom industry, alongside the advancement of cultivation techniques for cultivated mushrooms, efforts to harvest wild mushrooms under extensive cultivation methods utilizing mountain forests and sell them with added value will likely gain importance. Strategies like those practiced in Spain and France—combining truffle hunting and forest walks with stay-type tourism to attract inbound demand and boost the local economy^[82]—may hold the key going forward.

Relationship between the domestic industrial structure and mushroom cultivation

Currently, mushroom cultivation in Japan primarily follows two models: nationwide production centered around several large enterprises, and a method where medium-sized enterprises produce the mushroom substrate, which is then managed and harvested by local farming households. Furthermore, there are frequent reports of enterprises specializing in specific varieties, or even companies previously unrelated to the mushroom industry, entering mushroom cultivation as ventures. Among the latter examples, some successfully expand their operations and capture a significant market share, while others may withdraw from the business due to economic trends, cash flow issues, production costs, or unforeseen problems.

Here, we will examine several specific cases, focusing primarily on Nagano Prefecture, which ranks first in domestic cultivated mushroom production, and Niigata Prefecture, which ranks second. These two prefectures alone produce approximately 55 % of Japan's cultivated mushrooms (Table 2).

As mentioned earlier, *Flammulina velutipes*, currently Japan's most produced species, originated as a small-scale local industry in northern Nagano Prefecture during the post-war recovery. Support from the local government, followed by participation from agricultural cooperatives (JA), propelled it into a major industry. The initial model involved producing seed spores based on varieties developed by JA and local government research institutes, distributing them to individual farmers (producers), and managing the entire process from substrate preparation to shipping the fruiting bodies. Subsequently, driven by the need for improved production efficiency and quality control, a shift towards centralization gradually occurred. The process of manufacturing seed spores from varieties developed by research institutions and inoculating them onto the

substrate was consolidated and handled centrally by companies. Only the subsequent fruiting operation was outsourced to surrounding farmers (producers). Particularly since the start of this century, this trend has accelerated further, with companies increasingly handling even the fruiting operation itself entirely within their own plants. A similar progression occurred in Niigata Prefecture, adjacent to northern Nagano Prefecture. Together, these two prefectures now produce approximately 75% of Japan's *F. velutipes*.

The cultivation of *Hypsizygus marmoreus*, currently Japan's second-most produced mushroom variety, began in Nagano Prefecture in 1972. This was initiated by the Nagano Prefectural Economic Federation, which secured an exclusive contract for cultivation technology (patented) established by a private company in another prefecture, limiting production to farmers within Nagano Prefecture. After the license agreement expired in 1987, allowing cultivation to be liberalized, companies from Nagano Prefecture—now Japan's largest mushroom producer—entered the market, leading to increased production centered in Nagano. Furthermore, entering this century, the entry of the second-largest mushroom producer in Japan, based in Niigata Prefecture, contributed to the current production levels. Together, these two prefectures now produce approximately 60% of Japan's beech mushrooms.

Regarding companies entering mushroom production from other industries, I would like to introduce an example observed in Niigata Prefecture, which has the highest production volume of *Grifola frondosa*. Facing the sea, Niigata Prefecture also has a thriving fishing industry and hosts major domestic companies in seafood processing. Leveraging their strength in food management technology (temperature, quality, and safety of food ingredients) from large-scale plants, these companies entered maitake production in 1996, a crop where greenhouse temperature control is critical. Today, they boast the second-largest production scale in Japan. While such new entrants remain a distinct possibility, factors like Japan's declining population suggest that sustaining or expanding production may prove difficult without promising synergies or fresh perspectives linking existing local industries with the mushroom sector, beyond mere production efficiency. On the other hand, mushroom cultivation itself does not necessarily require special prerequisites or large-scale investment, as it can utilize existing structures for space and leverage temperature control and manufacturing processes. Therefore, with careful marketing, it holds the potential to create promising niches and significantly contribute to the regional economy.

In today's Japan, alongside population decline, inadequate forest management and the underutilization of woody biomass have become significant issues. While the use of mushrooms as a solution to these problems has been discussed for a long time, most discussions have been based on the premise that it is merely a secondary use of forestry. That is, concepts or business models centered on maximizing the utilization of woody biomass from forests through mushroom production and harvesting have not been explored. By effectively combining established European truffle farming, traditional Japanese matsutake mountain management, and shiitake log cultivation, along with sawdust-based mushroom cultivation techniques, a new business model could be created, potentially becoming a new mushroom business model for the 21st century. These production techniques remain fully functional today, and access to the academic knowledge supporting them has become significantly easier through the use of modern IoT. Furthermore, Japan's unique geographical environment—where mountains and forests are arranged in a mosaic pattern with relatively well-developed transportation infrastructure—enables collaborative initiatives linking urban and mountainous rural areas.

Global trends affecting Japan's mushroom industry

To reiterate, trends in major mushroom production hubs like China, countries with significant potential for increased production like India and Southeast Asia, and developed nations such as the United States—where investment in mushroom production is expected to grow due to nutritional benefits—are anticipated to greatly impact Japan's mushroom industry going forward. In Japan, there is a demand for systems that enable harvested cultivated mushrooms to be promptly packaged and distributed to markets on the same day. This represents a major difference compared to countries like China. Such rapid harvesting, packaging, and distribution systems and know-how are essential for mushroom production near major cities. As the number of countries and cities demanding these systems is expected to grow, the importance of developing corporate strategies and cultivation techniques that can flexibly meet diverse needs is anticipated to increase.

Since the 1980s, Japan has provided technical guidance on mushroom cultivation worldwide, particularly in developing countries and regions. As mushroom cultivation gradually became more widespread globally, the novelty of this technical guidance gradually diminished. Nevertheless, these steady efforts continue to this day. Until the 1990s, it was common practice for Japanese mushroom farmers and others to publicly share new cultivation techniques and know-how for producing high-quality mushrooms through books and other publications. However, as this technical information spread beyond national borders, situations detrimental to the domestic industry became increasingly known. Consequently, awareness gradually shifted toward emphasizing information management. Entering the 21st century, information management became particularly emphasized. Nevertheless, the disclosure of fundamental knowledge and technical guidance remains indispensable for fostering the industry. In Japan, each prefecture has a forestry research institute, and approximately half of these conduct research related to developing mushroom cultivation techniques. The primary mission of these research institutions is to improve mushroom cultivation techniques at the regional level and develop new mushroom varieties that contribute to the local economy. However, activities within this framework can also readily lead to the development of international cooperation. From the perspective of organically utilizing such cooperative frameworks, government policies and legal frameworks play a crucial role, making discussions at intergovernmental meetings and international conferences involving academic researchers important.

In recent years, mushrooms have been actively researched not only as food but also for their mycelium structure as a polymer raw material, with applications in clothing materials, packaging materials, and construction materials^[83–85]. Research and development in these fields does not necessarily share the same objectives as research on edible mushrooms. However, there is common ground in understanding the fundamental properties of mycelium cells and efficiently proliferating them. Regarding the related metabolic and genetic mechanisms, discussions can take place on the same level. Furthermore, in the field of alternative meat research, fungal mycelium—whether from mushrooms or other fungi—is cultivated and ultimately processed into meat-like foods. In Japan, edible mushrooms have traditionally been consumed relatively frequently, and thick-fleshed varieties like *Lentinula edodes*, *Pleurotus eryngii*, and *P. eryngii* var. *tuoliensis* have often been prepared in ways reminiscent of meat substitutes. Consequently, the concept of processing cultured mycelium into meat-like foods

was not widely explored, and even when encountered, there was little domestic industry interest in pursuing it. Amidst this, efforts have emerged to process *Grifola frondosa* fruiting bodies into meat-like ingredients. Transforming edible fruiting bodies into products with meat-like texture and flavor represents a unique endeavor, both domestically and internationally. Interest lies in whether such initiatives will expand globally in the future.

Conclusions

Japan's mushroom industry, rooted in a long culinary tradition of utilizing wild mushrooms, experienced rapid development from the mid-20th century onward. Log cultivation and sawdust-based substrate cultivation can be considered prototypes for today's global mushroom cultivation. Against this backdrop, high-quality fruiting bodies are now efficiently produced in highly controlled climate-controlled facilities. However, due to sluggish domestic demand growth and declining prices, further streamlining of production systems and development of next-generation products are desired. Globally, mushroom cultivation itself has continued to grow even into this century. Considering future projections for a circular society and healthy longevity, it is highly likely that this growth will persist. Therefore, it is desirable to shift from the previous purely domestic industry toward increasing international elements, including technology exports. Among the mushroom species registered under Japan's Plant Variety Protection and Seed Act, many have not been developed as varieties in any other country that is a signatory to the UPOV Treaty besides Japan. For these species, public-private collaboration will become increasingly important, such as swiftly aligning with UPOV Test Guidelines when establishing examination standards within Japan. Furthermore, for new variety development, which has primarily been based on empirical cultivation techniques, incorporating a fundamental biological perspective is expected to establish a more robust framework.

Furthermore, in Japan—an advanced nation where approximately 70% of the land is covered by forests and mountainous regions still hold deep virgin forests—policy discussions continue unabated regarding how to utilize this forest biomass moving forward. Amidst this, efforts are emerging not only to conserve edible mycorrhizal fungi resources like *Tricholoma matsutake* and truffles but also to aim for domestic self-sufficiency through cultivation in mountain forests. Under Japan's unique natural and topographical conditions, where large cities, farmland, and forests coexist in a mosaic pattern, the industrial utilization of these wild mushrooms could potentially serve as a model case for the circular society we humans strive to achieve.

Author contributions

The author confirms sole responsibility for the following: study conception and design, data collection, analysis and interpretation of results, manuscript preparation, and approved the final version of the manuscript.

Data availability

All statistical data are available from the government report of Japan or published papers. I retain the copyright to all photographs except those for which I have provided annotations.

Acknowledgments

This study was supported in part by a grant from the Institute of Fermentation, Osaka (Grant No. LA-2025-002).

Conflict of interest

The author declare that they have no conflict of interest.

References

- [1] Weyrich LS, Duchene S, Soubrier J, Arriola L, Llamas B, et al. 2017. Neanderthal behaviour, diet, and disease inferred from ancient DNA in dental calculus. *Nature* 544:357–361
- [2] Guerin-Laguette A. 2021. Successes and challenges in the sustainable cultivation of edible mycorrhizal fungi – furthering the dream. *Mycoscience* 62:10–28
- [3] Kudo S, Suzuki K. 1998. Regarding mushroom shape earthenware. *Bulletin of Aomori Prefecture Archaeological Research Center* 3:68–73 (in Japanese)
- [4] Okamura T. 2017. *Nihonjin-to-kinoko (Japanese and mushrooms)*. Tokyo: Yamakei Publisher. (in Japanese)
- [5] Ichioka T. 1799. *Shinyou-kinpu*. Iida: Harunobu Nakayama. <https://dl.ndl.go.jp/info:ndljp/pid/2537202> (in Japanese)
- [6] Sakamoto K. 1835. *Kinpu*. Wakayama: Sakamoto Kounen. (in Japanese)
- [7] Kawamura S. 1912–1925. *Illustrations of Japanese Fungi*. Tokyo: Imperial Bureau of Forestry, Department of Agriculture and Commerce. (in Japanese)
- [8] Kawamura S. 1930. *The Japanese Fungi*. Tokyo: Daichi-shoin. (in Japanese)
- [9] Yamada A. 2002. Utility of mycorrhizal mushrooms as food resources in Japan. *Journal of the Faculty of Agriculture, Shinshu University* 38:1–17 (in Japanese)
- [10] Pérez-Moreno J, Guerin-Laguette A, Flores Arzú R, Yu FQ. 2020. Mushrooms, Humans and Nature in a Changing World: Perspectives from Ecological, Agricultural and Social Sciences. Cham: Springer. doi: [10.1007/978-3-030-37378-8](https://doi.org/10.1007/978-3-030-37378-8)
- [11] Bijla S, Sharma VP. 2023. Status of mushroom production: Global and national scenario. *Mushroom Research* 32:91–98
- [12] Ogawa T. 2012. *Hoshi-shiitake (dried shiitake)*. Tokyo: Kagawa Nutrition University Publishing. (in Japanese)
- [13] Ogawa M. 1978. *The Biology of Matsutake*. Tokyo: Tsukiji-shokan. (in Japanese)
- [14] Yamanaka T, Yamada A, Furukawa H. 2020. Advances in the cultivation of the highly-prized ectomycorrhizal mushroom *Tricholoma matsutake*. *Mycoscience* 61:49–57
- [15] Boddy L. 2021. *Fungi and Trees: Their Complex Relationships*. Stonehouse, Gloucestershire, UK: Arboricultural Association
- [16] Moore D, Robson GD, Trinci APJ. 2020. *21st Century Guidebook to Fungi, 2nd Edition*. Cambridge: Cambridge University Press. doi: [10.1017/9781108776387](https://doi.org/10.1017/9781108776387)
- [17] Kamada T, Sano H, Nakazawa T, Nakahori K. 2010. Regulation of fruiting body photomorphogenesis in *Coprinopsis cinerea*. *Fungal Genetics and Biology* 47:917–921
- [18] Hegedüs B, Sahu N, Bálint B, Haridas S, Bense V, et al. 2025. Morphogenesis, starvation, and light responses in a mushroom-forming fungus revealed by long-read sequencing and extensive expression profiling. *Cell Genomics* 5:100853
- [19] Ba DM, Gao X, Muscat J, Al-Shaar L, Chinchilli V, et al. 2021. Association of mushroom consumption with all-cause and cause-specific mortality among American adults: prospective cohort study findings from NHANES III. *Nutrition Journal* 20:38
- [20] Nishimoto Y, Kawai J, Mori K, Hartanto T, Komatsu K, et al. 2023. Dietary supplement of mushrooms promotes SCFA production and moderately associates with IgA production: a pilot clinical study. *Frontiers in Nutrition* 9:1078060
- [21] Ito T. 1952. Historical review of artificial multiplication of shiitake. *Journal of the Japanese Forestry Society* 34:293–298 (in Japanese)

- [22] Chujo N, Kikuyama K. 2011. An achievement of an unknown biologist, Nagane Tanaka, on fungi in Meiji era. *Bulletin of Institute of Environmental Management, Nagoya Sangyo University* 10:71–77 (in Japanese)
- [23] Yoshimi S. 1979. *Forest Fairy: The Father of Mushroom Cultivation, Hikosaburo Morimoto*. Tokyo: Kaisei-sha (in Japanese)
- [24] Nakamura K. 1983. *A Historical Study of Shiitake Mushroom Cultivation*. Tokyo: Tousen-shuppan. (in Japanese)
- [25] Masuno K. 2024. *Bringing Forest Mushrooms to Your Table*. Tokyo: Tsukiji-shokan. (in Japanese)
- [26] Ohmori S, Koide H. 2001. *Complete Guide to Mushroom Cultivation*. Tokyo: Rural Culture Association. (in Japanese)
- [27] Ohmori S, Shoji A. 1973. *Mushroom Cultivation*. Tokyo: Rural Culture Association. (in Japanese)
- [28] Uchiyama Y. 1980. The development of enokitake cultivation in the northern part of Nagano Prefecture: focusing on the Entoku District of Nakano City. *Journal of the Faculty of Letters, Risho University* 68:27–45 (in Japanese)
- [29] Kinugawa K, Ogawa M. 2000. *Mushroom Handbook*. Tokyo: Asakura Publishing. (in Japanese)
- [30] Nakamura K, Kakimoto Y, Shiratori T, Matsubara Y, Yazawa T, et al. 1989. Breeding of 'shinano-brown' in enokitake (*Flamulina velutipes*); its process and the description of its characters. *Bulletin of the Nagano Vegetable and Ornamental Crops Experiment Station* 5:95–104 (in Japanese)
- [31] Wang PM, Liu XB, Dai YC, Horak E, Steffen K, et al. 2018. Phylogeny and species delimitation of *Flammulina*: taxonomic status of winter mushroom in East Asia and a new European species identified using an integrated approach. *Mycological Progress* 17:1013–1030
- [32] Petersen RH, Hughes KW, Redhead SA, Psurtseva N, Methven AS. 1999. Mating systems in the Xerulaceae (Agaricales, basidiomycota): *Flammulina*. *Mycoscience* 40:411–426
- [33] Hasebe K. 1991. Genetic studies on mutants and agronomic characters in shiitake, *Lentulus edodes*. *Reports of The Tottori Mycological Institute* 29:1–69 (in Japanese)
- [34] Waltz E. 2016. Gene-edited CRISPR mushroom escapes US regulation. *Nature* 532:293
- [35] Mata-Martínez P, Bergón-Gutiérrez M, del Fresno C. 2022. Dectin-1 signaling update: new perspectives for trained immunity. *Frontiers in Immunology* 13:812148
- [36] Kawagishi H. 2018. Studies on biofunctional substances produced by mushrooms. *Mushroom Science and Biotechnology* 25:122–128 (in Japanese)
- [37] Jiang W, Wang J, Pan H, Yang R, Ma F, et al. 2023. Advances in mechanism and application of molecular breeding of medicinal mushrooms: a review. *International Journal of Medicinal Mushrooms* 25:65–74
- [38] Cairney JW, Chambers SM. 1999. *Ectomycorrhizal Fungi – Key Genera in Profile*. Berlin: Springer. doi: 10.1007/978-3-662-06827-4
- [39] Zambonelli A, Bonito GM. 2012. *Edible Ectomycorrhizal Mushrooms*. Berlin: Springer. doi: 10.1007/978-3-642-33823-6
- [40] Sánchez S, Murat C, Donnini D, Gómez-Molina E, Rondolini M, et al. 2025. Enhancing truffle orchard management: agronomic practices and their impact on yield and crop development – a review. *Agronomy for Sustainable Development* 45:73
- [41] Arioka T. 1997. *Matsutake*. Tokyo: Hosei University Press. (in Japanese)
- [42] Gisusi S, Azuma T, Yoshida S, Yoneyama S, Harada A, et al. 2019. Investigation of soil environments in the vicinity of *Tricholoma matsutake* mycelium in *Abies sachalinensis* stands. *Japanese Journal of Mycology* 60:43–48 (in Japanese)
- [43] Editorial Committee of the Guide to Increasing Matsutake Production. 2016. *The Guide to Increasing Matsutake Production, 4th Edition*. Nagano: Nagano Prefecture Non-timber Forest Products Promotion Association. (in Japanese)
- [44] Ohta A. 1994. Production of fruit-bodies of a mycorrhizal fungus, *Lyophyllum shimeji*, in pure culture. *Mycoscience* 35:147–151
- [45] Ohta A. 1998. Culture conditions for commercial production of *Lyophyllum shimeji*. *Japanese Journal of Mycology* 39:13–20 (in Japanese)
- [46] Nakamura N, Kinoshita A, Nakano S, Furusawa H, Obase K, et al. 2025. Cultivation and mating of the truffle *Tuber japonicum* in plantations of ectomycorrhizal *Quercus serrata* seedlings. *Applied and Environmental Microbiology* 91(2):e02362-24
- [47] Yamada A, Ogura T, Ohmasa M. 2001. Cultivation of mushrooms of edible ectomycorrhizal fungi associated with *Pinus densiflora* by in vitro mycorrhizal synthesis I. *Primordium and basidiocarp formation in open-pot culture*. *Mycorrhiza* 11:59–66
- [48] Ogawa W, Takeda Y, Endo N, Yamashita S, Takayama T, et al. 2019. Repeated fruiting of Japanese golden chanterelle in pot culture with host seedlings. *Mycorrhiza* 29:519–530
- [49] Mimura S. 1908. Mycorrhizae of matsutake, and that colonized with another fungus showing chlamydo-spore. *Bulletin of the Imperial Forestry Association* 305:1–5 (in Japanese)
- [50] Mimura S. 1908. Artificial cultivation of matsutake mushrooms. *Bulletin of the Imperial Forestry Association* 312:1–5 (in Japanese)
- [51] Tomikawa Y. 2006. Effects of inoculation with fruit bodies suspension on cultivation of *Rhizopogon rubescens* in nursery of *Pinus thunbergii*. *Bulletin of the Shimane Prefecture Mountainous Region Research Center* 2:43–49 (in Japanese)
- [52] Shimomura N. 2019. Study of the artificial cultivation of the ectomycorrhizal mushroom, *Rhizopogon roseolus*. *Mushroom Science and Biotechnology* 26:148–155 (in Japanese)
- [53] Yamada A. 2022. Cultivation studies of edible ectomycorrhizal mushrooms: successful establishment of ectomycorrhizal associations in vitro and efficient production of fruiting bodies. *Mycoscience* 63:235–246
- [54] Yamada A, Maeda K, Ohmasa M. 1999. Ectomycorrhiza formation of *Tricholoma matsutake* isolates on seedlings of *Pinus densiflora* in vitro. *Mycoscience* 40:455–463
- [55] Gill WM, Guerin-Laguette A, Lapeyrie F, Suzuki K. 2000. Matsutake – morphological evidence of ectomycorrhiza formation between *Tricholoma matsutake* and host roots in a pure *Pinus densiflora* forest stand. *New Phytologist* 147:381–388
- [56] Guerin-Laguette A, Vaario LM, Gill WM, Lapeyrie F, Matsushita N, et al. 2000. Rapid in vitro ectomycorrhizal infection on *Pinus densiflora* roots by *Tricholoma matsutake*. *Mycoscience* 41:389–393
- [57] Guerin-Laguette A, Shindo K, Matsushita N, Suzuki K, Lapeyrie F. 2004. The mycorrhizal fungus *Tricholoma matsutake* stimulates *Pinus densiflora* seedling growth in vitro. *Mycorrhiza* 14:397–400
- [58] Yamada A, Maeda K, Kobayashi H, Murata H. 2006. Ectomycorrhizal symbiosis in vitro between *Tricholoma matsutake* and *Pinus densiflora* seedlings that resembles naturally occurring 'shiro'. *Mycorrhiza* 16:111–116
- [59] Kobayashi H, Watahiki T, Kuramochi M, Onose S, Yamada A. 2007. Production of pine seedlings with the shiro-like structure of the matsutake mushroom (*Tricholoma matsutake* (S.Ito et Imai) Sing.) in a large culture bottle. *Mushroom Science and Biotechnology* 15:151–155 (in Japanese)
- [60] Misawa H, Tateishi Y, Horimai Y, Mizuno A, Hida F, et al. 2024. A useful PCR primer set for the ectomycorrhizal fungus *Tricholoma matsutake* in wild pine rhizosphere based on the nuclear ribosomal DNA IGS2 sequence. *Mycoscience* 65:191–198
- [61] Guerin-Laguette A, Plassard C, Mousain D. 2000. Effects of experimental conditions on mycorrhizal relationships between *Pinus sylvestris* and *Lactarius deliciosus* and unprecedented fruit-body formation of the Saffron milk cap under controlled soilless conditions. *Canadian Journal of Microbiology* 46:790–799
- [62] Furukawa H, Sato K, Kawai M, Nagaoka M, Kobayashi S, et al. 2025. Fruiting recovery of matsutake following forest management practices: a report six years after practice. *Abstracts of the Annual Meeting of the Japanese Forest Society* 136:168 (in Japanese)
- [63] Horimai Y, Misawa H, Suzuki K, Fukuda M, Furukawa H, et al. 2020. Sibling spore isolates of *Tricholoma matsutake* vary significantly in their ectomycorrhizal colonization abilities on pine hosts in vitro and form multiple intimate associations in single ectomycorrhizal roots. *Fungal Ecology* 43:100874
- [64] Horimai Y, Misawa H, Suzuki K, Tateishi Y, Furukawa H, et al. 2021. Spore germination and ectomycorrhizae formation of *Tricholoma matsutake* on pine root systems with previously established

- ectomycorrhizae from a dikaryotic mycelial isolate of *T. matsutake*. *Mycorrhiza* 31:335–347
- [65] Lian C, Narimatsu M, Nara K, Hogetsu T. 2006. *Tricholoma matsutake* in a natural *Pinus densiflora* forest: correspondence between above- and below-ground genets, association with multiple host trees and alteration of existing ectomycorrhizal communities. *New Phytologist* 171:825–836
- [66] Kanayuki I. 1955. *Revealing the Secret: Matsutake Mushroom Cultivation Method – a Book on Loving Forests and Enriching Nations*. Yamato, Hiroshima: Ikutaro Kanayuki (own publication). (in Japanese)
- [67] Matsutake Research Association. 1964. *Matsutake (Tricholoma matsutake Singer) – Its Fundamental Studies and Economic Production of the Fruit Body*. Kyoto: Matsutake Research Association. (in Japanese)
- [68] Narimatsu M, Koiwa T, Masaki T, Sakamoto Y, Ohmori H, et al. 2015. Relationship between climate, expansion rate, and fruiting in fairy rings ('shiro') of an ectomycorrhizal fungus *Tricholoma matsutake* in a *Pinus densiflora* forest. *Fungal Ecology* 15:18–28
- [69] Furukawa H, Masuno K, Takeuchi Y. 2016. Forest management of matsutake productive sites for the optimization to global warming. *Annual Reports of Nagano Prefecture Forestry Research Center* 30:87–100 (in Japanese)
- [70] Furukawa H, Tokuoka K, Mizuno A, Katagiri K, Masuno K, et al. 2024. Long-term effects of forest management on the dynamics of *Tricholoma matsutake* harvest over 41 years in a *Pinus densiflora* forest in Nagano Prefecture, Japan. *Mycoscience* 65:298–306
- [71] Imai S. 1940. Second note on the tuberales of Japan. *Proceedings of the Imperial Academy* 16:153–154
- [72] Trappe JM. 1976. Note on Japanese hypogeous ascomycetes. *Transactions of the Mycological Society of Japan* 17:209–217
- [73] Yoshimi S, Takayama S. 1986. *Kyoto Mushroom Guide*. Kyoto: Kyoto Shimbun Press. (in Japanese)
- [74] Yamamoto K, Orihara T. 2018. A taxonomic history of Japanese truffle-like fungi. *Truffology* 1:14–21 (in Japanese)
- [75] Kinoshita A, Obase K, Yamanaka T. 2018. Ectomycorrhizae formed by three Japanese truffle species (*Tuber japonicum*, *T. longispinosum*, and *T. himalayense*) on indigenous oak and pine species. *Mycorrhiza* 28:679–690
- [76] Kinoshita A, Sasaki H, Nara K. 2011. Phylogeny and diversity of Japanese truffles (*Tuber* spp.) inferred from sequences of four nuclear loci. *Mycologia* 103:779–794
- [77] Nakano S, Kinoshita A, Obase K, Nakamura N, Furusawa H, et al. 2020. Influence of pH on *in vitro* mycelial growth in three Japanese truffle species: *Tuber japonicum*, *T. himalayense*, and *T. longispinosum*. *Mycoscience* 61:58–61
- [78] Shimokawa T, Kinoshita A, Kusumoto N, Nakano S, Nakamura N, et al. 2020. Component features, odor-active volatiles, and acute oral toxicity of novel white-colored truffle *Tuber japonicum* native to Japan. *Food Science & Nutrition* 8:410–418
- [79] Endo N, Gisusi S, Fukuda M, Yamada A. 2013. *In vitro* mycorrhization and acclimatization of *Amanita caesareoides* and its relatives on *Pinus densiflora*. *Mycorrhiza* 23:303–315
- [80] Endo N, Kawamura F, Kitahara R, Sakuma D, Fukuda M, et al. 2014. Synthesis of Japanese *Boletus edulis* ectomycorrhizae with Japanese red pine. *Mycoscience* 55:405–416
- [81] Sugawara R, Sotome K, Maekawa N, Nakagiri A, Endo N. 2021. Mycorrhizal synthesis, morpho-anatomical characterization of mycorrhizae, and evaluation of mycorrhiza-forming ability of *Hydnum albidum* – like species using monokaryotic and dikaryotic cultures. *Mycorrhiza* 31:349–359
- [82] Latorre J, de-Magistris T, de Frutos P, García B, Martínez-Peña F. 2023. Demand for mycotourism products in rural forest areas: a choice model approach. *Tourism Recreation Research* 48:495–511
- [83] Jones M, Bhat T, Kandare E, Thomas A, Joseph P, et al. 2018. Thermal degradation and fire properties of fungal mycelium and mycelium – biomass composite materials. *Scientific Reports* 8:17583
- [84] Vandeloos S, Elsacker E, Van Wylick A, De Laet L, Peeters E. 2021. Current state and future prospects of pure mycelium materials. *Fungal Biology and Biotechnology* 8:20
- [85] Bustillos J, Loganathan A, Agrawal R, Gonzalez BA, Perez MG, et al. 2020. Uncovering the mechanical, thermal, and chemical characteristics of biodegradable mushroom leather with intrinsic antifungal and antibacterial properties. *ACS Applied Bio Materials* 3:3145–3156



Copyright: © 2026 by the author(s). Published by Maximum Academic Press on behalf of Jilin Agricultural University. This article is an open access article distributed under Creative Commons Attribution License (CC BY 4.0), visit <https://creativecommons.org/licenses/by/4.0/>.